

– Psalm 40 –
The Psalms
The Obedient King

To the Chief Musician. A Psalm of David.

¹ I waited patiently for the Lord; And He inclined to me,
And heard my cry.
² He also brought me up out of a horrible pit,
Out of the miry clay,
And set my feet upon a rock,
And established my steps.
³ He has put a new song in my mouth—
Praise to our God;
Many will see it and fear,
And will trust in the Lord.
⁴ Blessed is that man who makes the Lord his trust,
And does not respect the proud, nor such as turn aside to lies.
⁵ Many, O Lord my God, are Your wonderful works
Which You have done;
And Your thoughts toward us
Cannot be recounted to You in order;
If I would declare and speak of them,
They are more than can be numbered.
⁶ Sacrifice and offering You did not desire;
My ears You have opened.
Burnt offering and sin offering You did not require.
⁷ Then I said, “Behold, I come;
In the scroll of the book it is written of me.
⁸ I delight to do Your will, O my God,
And Your law is within my heart.”
⁹ I have proclaimed the good news of righteousness
In the great assembly;
Indeed, I do not restrain my lips,
O Lord, You Yourself know.
¹⁰ I have not hidden Your righteousness within my heart;
I have declared Your faithfulness and Your salvation;
I have not concealed Your lovingkindness and Your truth
From the great assembly.
¹¹ Do not withhold Your tender mercies from me, O Lord;
Let Your lovingkindness and Your truth continually preserve me.
¹² For innumerable evils have surrounded me;
My iniquities have overtaken me, so that I am not able to look up;
They are more than the hairs of my head;
Therefore my heart fails me.
¹³ Be pleased, O Lord, to deliver me;
O Lord, make haste to help me!
¹⁴ Let them be ashamed and brought to mutual confusion
Who seek to destroy my life;
Let them be driven backward and brought to dishonor
Who wish me evil.
¹⁵ Let them be confounded because of their shame,
Who say to me, “Aha, aha!”
¹⁶ Let all those who seek You rejoice and be glad in You;
Let such as love Your salvation say continually,
“The Lord be magnified!”
¹⁷ But I am poor and needy;
Yet the Lord thinks upon me.
You are my help and my deliverer;
Do not delay, O my God.

► This psalm deals with something that is central to the life and experience of the covenant people of God, and that is

_____.

► From a biblical perspective, waiting is intensely _____, as we see in this psalm.

STRUCTURE

Vs. 1-4 - David Proclaims the Lord's Salvation

Vs. 6-10 - David Recounts His Faithfulness to the Father

Vs. 11-17 - David Prays for Salvation and Judgment

Exodus 2:24-25 - “So God heard their groaning, and God remembered His covenant with Abraham, with Isaac, and with Jacob. And God looked upon the children of Israel, and God acknowledged them.”

► The pit is a place of hopelessness and helplessness. It is the place of _____. But it is not a place of helplessness for those who have YHWH as their _____.

Joshua 2:9-11 - “I know that the LORD has given you the land, that the terror of you has fallen on us, and that all the inhabitants of the land are fainthearted because of you. For we have heard how the LORD dried up the water of the Red Sea for you when you came out of Egypt, and what you did to the two kings of the Amorites who were on the other side of the Jordan, Sihon and Og, whom you utterly destroyed. And as soon as we heard these things, our hearts melted; neither did there remain any more courage in anyone because of you, for the LORD your God, He is God in heaven above and on earth beneath.”

► **How do** we know that God's good thoughts towards us are innumerable?

1. We are ____ Christ.
2. We are _____ with the Spirit.
3. We can now _____ offer ourselves up in thanks, praise, and obedience in the Son and by the power of the Spirit.

► God warms us into further _____ and faithfulness by the gift of His smile and kind countenance.

Psalm 15:1 - LORD, who may abide in Your tabernacle? Who may dwell in Your holy hill?

► There are two ways one can dwell in God's house: 1) Be holy and _____ in our thoughts, words, and deeds, or 2) Take advantage of God's provisional _____ through the sacrificial system. God desires obedience so that sacrifices aren't even necessary.

Hebrews 10:4-10 - For it is not possible that the blood of bulls and goats could take away sins.

5 Therefore, when He (Jesus) came into the world, He said:

*“Sacrifice and offering You did not desire,
But a body You have prepared for Me.
6 In burnt offerings and sacrifices for sin
You had no pleasure.
7 Then I said, ‘Behold, I have come—
In the volume of the book it is written of Me—
To do Your will, O God.’ ”*

8 Previously saying, “Sacrifice and offering, burnt offerings, and offerings for sin You did not desire, nor had pleasure in them” (which are offered according to the law), 9 then He said, “Behold, I have come to do Your will, O God.” He takes away the first that He may establish the second. 10 By that will we have been sanctified through the offering of the body of Jesus Christ once for all.

► The entire reason for hearing God’s word and law is obeying God’s word with our _____.

► The sacrifices offered by Israel had to be _____, meaning without defection. That spotlessness was a picture of the moral perfection that God’s law requires.

John 1:29 - Behold! The Lamb of God who takes away the sin of the world!

► At the very center of the gospel, and indeed at the very center of all reality, is our _____ God. The Father and the Son have been face-to-face for eternity, delighting in one another in the Spirit. Whatever exists is an overflow of the mutual love that the Father and Son share with one another in the bond of the Holy Spirit. And the greatest aspect of the gospel is that we have now been _____ into that perfect, harmonious love. We get to enjoy the Trinitarian dance from which flows all truth, beauty and goodness.

1 Corinthians 12:12 - For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ.

► Jesus’ resurrected body still bears the _____ of our sins.

John 20:27 - Then Jesus said to Thomas, “Put your finger here, and see my hands; and put out your hand, and place it in my side. Do not disbelieve, but believe.”