

**RELATIONSHIP Rx**  
More Than A Makeover –  
Sometimes Relationships Are A Fixer Upper

## Making Updates & Upgrades

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires.

**JAMES 1:19-20**

Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body.

**EPHESIANS 4:25**

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

**EPHESIANS 4:29**

For the mouth speaks what the heart is full of... by your words you will be acquitted, and by your words you will be condemned.

**MATTHEW 12:34;37**

Communication breaks down

Learning better language for relationships:

Speak after you \_\_\_\_\_ listen \_\_\_\_\_

Speak what is \_\_\_\_\_ true \_\_\_\_\_

Speak what is \_\_\_\_\_ helpful for building others up \_\_\_\_\_

What you say and how you say it reveals what is

\_\_\_\_\_ in your heart \_\_\_\_\_