



# PRAYER GUIDE | EPIPHANY



THE LIGHT HAS COME  
SEEING JESUS CLEARLY

# Welcome

## Liturgical Rhythms for Everyday Life

This prayer guide is offered with the hope that it will serve as a gentle companion in your walk with Jesus throughout the season of Epiphany.

This project is rooted in a simple conviction: we are formed not only by what we believe, but by what we practice. The habits we keep shape our desires, our attention, and ultimately our lives. As a church, we believe the rhythms of gathered worship are meant to spill over into the week—becoming patterns that form us into the likeness of Jesus.

Epiphany is the season in which we reflect on the light of Christ revealed to the world. It is a season of seeing more clearly who Jesus is, attending to his work among us, and learning what it means to follow him as that light reaches outward—to the nations, to our neighbors, and into the ordinary spaces of our lives.

Each day of this guide offers liturgically inspired practices—the same rhythms we engage together on Sundays, now extended into daily life. These aren't tasks to check off, but invitations to slow down, pay attention, and grow in communion with God over time, as Christ continues to make himself known to us.

The Scripture readings follow the Revised Common Lectionary Daily Readings, used by churches around the world, with the Sunday page highlighting each sermon passage in bold. The readings from Monday through Wednesday reflect back on the previous Sunday's sermon, while the readings from Thursday through Saturday prepare us for the passage we will hear the following week.



# Beholding the Light of Christ

This guide is meant to be flexible. Use it in the morning, evening, or whenever it fits naturally into your day. It can be used individually or with others. However you engage it, our prayer is that it helps you notice the light of Christ more clearly—and learn to walk in that light with trust, attentiveness, and joy.

## **For Families with Kids:**

Let these rhythms gently shape your life together. Consider weaving one or two practices into moments you already share—a meal prayer, a bedtime routine, or time in the car. You might light a candle and thank God for Jesus, the light of the world, read a short passage of Scripture, or reflect together on where you've seen God at work that day. Don't feel the need to do it all. Start small, and allow these simple practices to quietly form your family as you learn together to recognize and follow the light of Christ.



# SUNDAY

## JAN 4 | CHRISTMAS 2

Psalm 147:12-20;  
Jeremiah 31:7-14;  
Ephesians 1:3-14;  
**John 1:1-18**

## JAN 11 | EPIPHANY 1

Psalm 29;  
Isaiah 42:1-9;  
Acts 10:34-43;  
**Matthew 3:13-17**

## JAN 18 | EPIPHANY 2

Psalm 40:1-11;  
Isaiah 49:1-7;  
1 Corinthians 1:1-9;  
**John 1:29-42**

## JAN 25 | EPIPHANY 3

Psalm 27:1, 4-9;  
Isaiah 9:1-4;  
1 Corinthians 1:10-18;  
Matthew 4:12-23  
**\*Sermon Text: Psalm 45**

## FEB 1 | EPIPHANY 4

Psalm 15;  
Micah 6:1-8;  
1 Corinthians 1:18-31;  
**Matthew 5:1-12**

## FEB 8 | EPIPHANY 5

Psalm 112:1-10;  
Isaiah 58:1-12;  
1 Corinthians 2:1-16;  
**Matthew 5:13-20**

## FEB 15 | EPIPHANY 6

Psalm 2;  
Exodus 24:12-18;  
2 Peter 1:16-21;  
**Matthew 17:1-9**

## Call

*Hear God call you to prayer through his word.*

5 Blessed is he whose help is the God of Jacob,  
whose hope is in the LORD his God,  
6 who made heaven and earth,  
the sea, and all that is in them,  
**who keeps faith forever;**  
(Psalm 146:5-6 ESV)

## Reflect

*Read and meditate on the Psalm of the day.*

## Confess

*Confess the reality of your sin and your need for God's grace.*

**Come, Holy Spirit  
The Spirit of truth  
Enter into our cold hearts  
Warm them with your Love  
May we be like the trees  
That are planted beside the waters  
That we may be watered with the Holy Spirit  
Day by day**

—Adapted from a traditional hymn sung in the Sotho language of South Africa and Lesotho

## Embrace

*Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.*

If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.  
(1 John 1:9 ESV)

## Hear

*Read through the other passages of the day and pray that the Spirit would speak to you through them.*

## Abide

*Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.*



## Pray

*Allow these words to shape your own requests to God.*

Almighty and everlasting God, who has made known the incarnation of your Son by the bright shining of a star, which, when the wise men beheld, they presented costly gifts and adored your majesty; grant that the star of your righteousness may always shine into our hearts; and that, as our treasure, we may give ourselves and all we possess to your service; through Jesus Christ our Lord. Amen.  
—Gelasian Liturgy, 5th century

## Ask

*Bring your needs before God, knowing that he hears and cares for you.*

## Receive

*Receive God's blessing on this day.*

24 The LORD bless you and keep you;  
25 the LORD make his face to shine upon you  
and be gracious to you;  
26 the LORD lift up his countenance upon you  
and give you peace.  
(Numbers 6:24-26 ESV)

# MONDAY

## Call

*Hear God call you to prayer through his word.*

Oh come, let us worship and bow down;  
**let us kneel before the LORD, our Maker!**  
(Psalm 95:6 ESV)

## Reflect

*Read and meditate on the Psalm of the day.*

## Confess

*Confess the reality of your sin and your need for God's grace.*

**Lamb of God, who takes away the sins of the world,  
have mercy on us.**

**Lamb of God, who takes away the sins of the world,  
have mercy on us.**

**Lamb of God, who takes away the sins of the world,  
grant us peace.**

—Agnus Dei, 7th century

## Embrace

*Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.*

4 But God, being rich in mercy, because of the great love with which he loved us, 5 even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved.

(Ephesians 2:4-5 ESV)

## Hear

*Read through the other passages of the day and pray that the Spirit would speak to you through them.*

### JAN 5

Psalm 72;  
Joshua 1:1-9;  
Hebrews 11:32-12:2

### JAN 12

Psalm 89:5-37;  
Genesis 35:1-15;  
Acts 10:44-48

### JAN 19

Psalm 40:6-17;  
Exodus 12:1-13, 21-28;  
Acts 8:26-40

### JAN 26

Psalm 27:7-14;  
Judges 6:11-24;  
Ephesians 5:6-14

### FEB 2

Psalm 37:1-17;  
Ruth 1:1-18;  
Philemon 1-25

### FEB 9

Psalm 119:105-112;  
2 Kings 22:3-20;  
Romans 11:2-10

### FEB 16

Psalm 78:17-20, 52-55;  
Exodus 33:7-23;  
Acts 7:30-34

## Abide

*Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.*



## Pray

*Allow these words to shape your own requests to God:*

This is another day, O Lord. I know not what it will bring forth, but make me ready, Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, let me do it gallantly. Make these words more than words, and give me the Spirit of Jesus. Amen.

—Book of Common Prayer

## Ask

*Bring your needs before God, knowing that he hears and cares for you.*

## Receive

*Receive God's blessing on this day.*

May the LORD give strength to his people!

May the LORD bless his people with peace!

(Psalm 29:11 ESV)

# TUESDAY

## JAN 6 | EPIPHANY

Psalms 72;  
Isaiah 60:1-6;  
Ephesians 3:1-12;  
Matthew 2:1-12

## JAN 13

Psalms 89:5-37;  
Jeremiah 1:4-10;  
Acts 8:4-13

## JAN 20

Psalms 40:6-17;  
Isaiah 53:1-12;  
Hebrews 10:1-4

## JAN 27

Psalms 27:7-14;  
Judges 7:12-22;  
Philippians 2:12-18

## FEB 3

Psalms 37:1-17;  
Ruth 2:1-16;  
James 5:1-6

## FEB 10

Psalms 119:105-112;  
2 Kings 23:1-8, 21-25;  
2 Corinthians 4:1-12

## FEB 17

Psalms 78:17-20, 52-55;  
1 Kings 19:9-18;  
Romans 11:1-6

## Call

*Hear God call you to prayer through his word.*

Trust in him at all times, O people;  
pour out your heart before him;  
**God is a refuge for us.**

(Psalm 62:8 ESV)

## Reflect

*Read and meditate on the Psalm of the day.*

## Confess

*Confess the reality of your sin and your need for God's grace.*

1 Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions.

**2 Wash me thoroughly from my iniquity,  
and cleanse me from my sin!**

(Psalm 51:1-2 ESV)

## Embrace

*Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.*

For you, O Lord, are good and forgiving,  
abounding in steadfast love to all who call upon you.  
(Psalm 86:5 ESV)

## Hear

*Read through the other passages of the day and pray that the Spirit would speak to you through them.*



## Abide

*Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.*



## Pray

*Allow these words to shape your own requests to God.*

Preserve your work, Lord. Guard the gift you have given even to those who pulled back. For I knew I was not worthy to be called your servant, but by your grace I am what I am. And grant that I may know how with genuine affection to mourn with those who sin. Grant that as often as I learn of the sin of anyone who has fallen, I may suffer with them, and not scold them in my pride, but mourn and weep with them, so that in weeping over another I may also mourn for myself. Amen.

—Ambrose, 4th century Bishop of Milan

## Ask

*Bring your needs before God, knowing that he hears and cares for you.*

## Receive

*Receive God's blessing on this day.*

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

(Romans 15:13 ESV)

# WEDNESDAY

## JAN 7

Psalms 72;  
1 Kings 10:1-13;  
Ephesians 3:14-21

## JAN 14

Psalms 89:5-37;  
Isaiah 51:1-16;  
Matthew 12:15-21

## JAN 21

Psalms 40:6-17;  
Isaiah 48:12-21;  
Matthew 9:14-17

## JAN 28

Psalms 27:7-14;  
Genesis 49:1-2, 8-13, 21-26;  
Luke 1:67-79

## FEB 4

Psalms 37:1-17;  
Ruth 3:1-13; 4:13-22;  
Luke 6:17-26

## FEB 11

Psalms 119:105-112;  
Proverbs 6:6-23;  
John 8:12-30

## FEB 18 | ASH WEDNESDAY

**Psalms 51:1-17;**  
Isaiah 58:1-12;  
2 Corinthians 5:20-6:10;  
Matthew 6:1-6, 16-21

## Call

*Hear God call you to prayer through his word.*

The LORD is my light and my salvation;  
**whom shall I fear?**  
(Psalm 27:1 ESV)

## Reflect

*Read and meditate on the Psalm of the day.*

## Confess

*Confess your faith using these ancient words.*

**We believe in God the Father Almighty, Maker of heaven and earth; and in Jesus Christ his only Son our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there he will come to judge the living and the dead.**

**We believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.**

— The Apostles' Creed, 2nd century

## Hear

*Read through the other passages of the day and pray that the Spirit would speak to you through them.*

## Abide

*Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.*



## Pray

*Allow these words to shape your own requests to God.*

**Our Father in heaven, hallowed be your name**

*Thank God for who He is and His abundant faithfulness.*

**Your Kingdom come, your will be done on earth as it is in heaven**

*Pray for God's rule and reign to become a reality.*

**Give us this day our daily bread**

*Pray for God's daily provision in your life.*

**Forgive us our debts as we forgive our debtors**

*Confess your sins to the Lord, and forgive people who have wronged you.*

**Lead us not into temptation**

*Ask for God to guide you in 'paths of righteousness for His name sake'*

**But deliver us from evil**

*Pray for God's protection against any of the strategies of Satan.*

**For yours is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## Receive

*Receive God's blessing on this day.*

May the LORD bless you from Zion,

he who made heaven and earth!

(Psalm 134:3 ESV)

# THURSDAY

## Call

*Hear God call you to prayer through his word.*

Taste and see that the LORD is good;  
**blesed is the one who takes refuge in him.**  
(Psalm 34:8 NIV)

## Reflect

*Read and meditate on the Psalm of the day.*

## Confess

*Confess the reality of your sin and your need for God's grace.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

—Book of Common Prayer

## Embrace

*Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.*

**"For I will forgive their iniquity, and I will remember their sin no more."**  
(Jeremiah 31:34 ESV)

## Hear

*Read through the other passages of the day and pray that the Spirit would speak to you through them.*

### JAN 8

Psalm 29;  
1 Samuel 3:1-9;  
Acts 9:1-9

### JAN 15

Psalm 40:1-11;  
Isaiah 22:15-25;  
Galatians 1:6-12

### JAN 22

Psalm 27:1-6;  
1 Samuel 1:1-20;  
Galatians 1:11-24

### JAN 29

Psalm 15;  
Deuteronomy 16:18-20;  
1 Peter 3:8-12

### FEB 5

Psalm 112:1-9;  
Deuteronomy 4:1-14;  
1 John 5:1-5

### FEB 12

Psalm 2;  
Exodus 6:2-9;  
Hebrews 8:1-7

### FEB 19

Psalm 51;  
Jonah 3:1-10;  
Romans 1:1-7

## Abide

*Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.*



## Pray

*Allow these words to shape your own requests to God.*

Most loving Father, whose will it is for us to give thanks for all things, to fear nothing but the loss of you, and to cast all our care on you who care for us: Preserve us from faithless fears and worldly anxieties, that no clouds of this mortal life may hide from us the light of that love which is immortal, and which you have manifested to us in your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

—Book of Common Prayer

## Ask

*Bring your needs before God, knowing that he hears and cares for you.*

## Receive

*Receive God's blessing on this day:*

Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all.

(2 Thessalonians 3:16 ESV)

# FRIDAY

## Call

*Hear God call you to prayer through his word.*

Be still before the LORD  
**and wait patiently for him.**  
(Psalm 37:7 ESV)

## Reflect

*Read and meditate on the Psalm of the day.*

## Confess

*Confess the reality of your sin and your need for God's grace.*

**Almighty and most merciful Father, we have erred and strayed from your ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against your holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But you, O Lord, have mercy upon us, spare those who confess their faults, restore those who are repentant, according to your promises declared to mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of your holy Name. Amen.**

—Book of Common Prayer

## Embrace

*Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.*

There is therefore now no condemnation for those who are in Christ Jesus.  
(Romans 8:1 ESV)

### JAN 9

Psalms 29;  
1 Samuel 3:10-4:1;  
Acts 9:10-19

### JAN 16

Psalms 40:1-11;  
Genesis 27:30-38;  
Acts 1:1-5

### JAN 23

Psalms 27:1-6;  
1 Samuel 9:27-10:8;  
Galatians 2:1-10

### JAN 30

Psalms 15;  
Deuteronomy 24:17-25:4;  
1 Timothy 5:17-24

### FEB 6

Psalms 112:1-9;  
Isaiah 29:1-12;  
James 3:13-18

### FEB 13

Psalms 2;  
Exodus 19:9b-25;  
Hebrews 11:23-28

### FEB 20

Psalms 51;  
Jonah 4:1-11;  
Romans 1:8-17

## Hear

*Read through the other passages of the day and pray that the Spirit would speak to you through them.*

## Abide

*Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.*



## Pray

*Allow these words to shape your own requests to God.*

I ask you, my most gracious God, preserve me from the cares of this life, lest I should be too much entangled in them; and from the many necessities of the body, lest I should be ensnared by pleasure; and from whatsoever is an obstacle to the soul, lest, broken with troubles, I should be overthrown. Amen.

-Thomas à Kempis, 15th century monk

## Ask

*Bring your needs before God, knowing that he hears and cares for you.*

## Receive

*Receive God's blessing on this day.*

May grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord.

(2 Peter 1:2 ESV)



# SATURDAY

## JAN 10

Psalm 29;  
1 Samuel 7:3-17;  
Acts 9:19-31

## JAN 17

Psalm 40:1-11;  
1 Kings 19:19-21;  
Luke 5:1-11

## JAN 24

Psalm 27:1-6;  
1 Samuel 15:34-16:13;  
Luke 5:27-32

## JAN 31

Psalm 15;  
Micah 3:1-4;  
John 13:31-35

## FEB 7

Psalm 112:1-9;  
Isaiah 29:13-16;  
Mark 7:1-8

## FEB 14

Psalm 2;  
1 Kings 21:20-29;  
Mark 9:9-13

## FEB 21

Psalm 51;  
Isaiah 58:1-12;  
Matthew 18:1-7

## Call

*Hear God call you to prayer through his word.*

Bless the LORD, O my soul,  
**and forget not all his benefits,**  
(Psalm 103:2 ESV)

## Reflect

*Read and meditate on the Psalm of the day.*

## Confess

*Confess the reality of your sin and your need for God's grace.*

**Lord, have mercy.**

**Christ, have mercy.**

**Lord, have mercy.**

—Kyrie Eleison, 4th century

## Embrace

*Embrace God's word of forgiveness over you, which is made possible by the finished work of Jesus.*

13 He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, 14 in whom we have redemption, the forgiveness of sins.  
(Colossians 1:13-14 ESV)

## Hear

*Read through the other passages of the day and pray that the Spirit would speak to you through them.*

## Abide

*Pause and enjoy communion with the living God—Father, Son, and Holy Spirit. [Tap here](#) or scan the QR code below to listen to a suggested song as you do so.*



## Pray

*Allow these words to shape your own requests to God.*

**Our Father in heaven, hallowed be your name; your kingdom come; your will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation but deliver us from evil. For yours is the kingdom, and the power, and the glory, forever. Amen.**

—The Lord's Prayer

## Ask

*Bring your needs before God, knowing that he hears and cares for you.*

## Receive

*Receive God's blessing on this day.*

May the LORD our God be with us as he was with our ancestors; may he never leave us nor forsake us.  
(1 Kings 8:57 NIV)

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## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal grey lines across its entire width, providing a template for handwriting practice or general note-taking. The margins are consistent on all sides.

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## About Grace Pasadena

Grace Pasadena is a community rooted in the life-giving grace of Jesus. In a world that is often hurried, fractured, and weary, we long to be a place where people encounter his presence, find rest in his love, and are sent out to share that grace with others.

Our mission, vision, and values flow out of this hope—shaping who we are and how we live as a church in Pasadena and beyond.

## Mission

Grace Pasadena exists to experience and extend the life-giving grace of Jesus.

## Vision

We envision a community transformed by grace—where renewed lives and healed relationships bring hope and flourishing to Pasadena and beyond.

## We Live This Out

- As we grow in the knowledge of the gospel
- In every sphere of life
- For the good of our neighborhoods, city, and the world

*Want to learn more or get connected? [Tap here](#) or scan the QR code below.*



