

A young woman with blonde hair in a ponytail, wearing a striped shirt and black overalls, walks away from the camera on a paved path at a fair. In the background, a large Ferris wheel is illuminated with lights, and other people are visible. The scene is set during dusk or dawn.

THE TIME IS NOW

how to start tough conversations with your kids



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WHAT ARE SOME THINGS
THAT ARE TOUGH TO TALK
ABOUT WITH YOUR KIDS?



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TWO APPROACHES
EXPERTS & COMMUNITY



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DR. DEBORAH GILBOA Discussing Tragedies with Your Kids

- Preschool-kindergarten: One-sentence story
- Elementary school children: Shield them
 - Limit media saturation
- Tweens: Listen to their feelings
“How are you feeling about...”
- Teens: Look for solutions
“How are you feeling about...And what would you like to do about it.”



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LIMITATIONS OF EXPERTS



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PARENTS, PASTORS &
COMMUNITY



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HOW TO TALK TO YOUR T(W)EEN

- Setting the Stage
 - Expectation of Sharing
 - Regular Rhythm
- Be Direct but Not Brutal
 - Intentional Location
 - Backup Quarterback
- Listen Without Lecturing
 - Give Weight To Their Thoughts & Feelings
 - Be Self-Aware
- It's Okay To Wait
 - Inviting Others In



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WHERE IS THE LORD

- Trust vs Fear
- Deep Roots - Theology Matters
- Not Forsaking the Assembling



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HEBREWS 10:23-25

²³ Let us hold unswervingly to the hope we profess, for he who promised is faithful. ²⁴ And let us consider how we may spur one another on toward love and good deeds, ²⁵ not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

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