At The Movies - Part 2 - Cast Away: Surviving Seasons of Struggle Mark Rouse / June 14, 2020

²⁴ Five different times the Jewish leaders gave me thirty-nine lashes. ²⁵ Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked. Once I spent a whole night and a day adrift at sea. ²⁶ I have traveled on many long journeys. I have faced danger from rivers and from robbers. I have faced danger from my own people, the Jews, as well as from the Gentiles. I have faced danger in the cities, in the deserts, and on the seas. And I have faced danger from men who claim to be believers but are not. ²⁷ I have worked hard and long, enduring many sleepless nights. I have been hungry and thirsty and have often gone without food. I have shivered in the cold, without enough clothing to keep me warm.

- 2 Corinthians 11:24-27

Surviving Seasons of Struggle

1) Recognize the **SEASON**.

¹ There is a time for everything, and a season for every activity under the heaven: ² a time to be born and a time to die, a time to plant and a time to uproot, ³ a time to kill and a time to heal, a time to tear down and a time to build, ⁴ a time to weep and a time to laugh, a time to mourn and a time to dance. - Ecclesiastes 3:1-4

⁸ We do not want you to be uninformed, brothers and sisters, about the troubles we experienced in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired of life itself. ⁹ Indeed, we felt we had received the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead. ¹⁰ He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us. - 2 Corinthians 1:8-10

2) Lean into God's <u>PROVISION</u>.

8 Three different times I begged the Lord to take it away. 9 Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. 10 That's why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong. - 2 Corinthians 12:8-10

And my God will meet all your needs according to the riches of his glory in Christ Jesus.
- Philippians 4:19

3) Avoid ISOLATION.

¹⁰ How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. ¹¹ Not that I was ever in need, for I have learned how to be content with whatever I have. ¹² I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. ¹³ For I can do everything through Christ, who gives me strength. ¹⁴ Even so, you have done well to share with me in my present difficulty. - Philippians 4:10-14

4) Check your VISION.

I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. - Romans 8:18