



At The Movies – Part 2 – The Myth of Balance
Mark Rouse – mark@epicchurchbuffalo.com
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¹⁰ Carefully determine what pleases the Lord... ¹⁵ So be careful how you live. Don't live like fools, but like those who are wise. ¹⁶ Make the most of every opportunity in these evil days. ¹⁷ Don't act thoughtlessly, but understand what the Lord wants you to do.
– Ephesians 5:10; 15-17

5 DIALS TO PRIORITIZE

1) The WORK dial.

Try to please them all the time, not just when they are watching you. As slaves of Christ, do the will of God with all your heart. ⁷ Work with enthusiasm, as though you were working for the Lord rather than for people. – Ephesians 6:6-7

If you are a thief, quit stealing. Instead, use your hands for good hard work, and then give generously to others in need.
– Ephesians 4:28

2) The RELATIONSHIP dial.

For husbands, this means love your wives, just as Christ loved the church. He gave up his life for her. – Ephesians 5:25

Fathers, do not provoke your children to anger by the way you treat them. Rather, bring them up with the discipline and instruction that comes from the Lord. – Ephesians 6:4

3) The HEART dial.

²⁶ And “don't sin by letting anger control you.” Don't let the sun go down while you are still angry, ²⁷ for anger gives a foothold to the devil...

²⁹ Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

³⁰ And do not bring sorrow to God's Holy Spirit by the way you live... ³¹ Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. ³² Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. – Ephesians 4:26-27; 29-32

4) The ENJOYMENT dial.

And it is a good thing to receive wealth from God and the good health to enjoy it. To enjoy your work and accept your lot in life— this is indeed a gift from God. – Ecclesiastes 5:19

A cheerful heart is good medicine, but a broken spirit saps a person's strength. – Proverbs 17:22

5) The SPIRITUAL STRENGTH dial.

Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit. – Ephesians 5:18

A final word: Be strong in the Lord and in his mighty power.
– Ephesians 6:10