



**At The Movies – Part 1 – Toy Story 4
Ray Hammond – June 9, 2019**

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!
– 2 Corinthians 5:17

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will.
– Romans 12:2

Three Daily Choices to Retrain My Brain

1) RELEASE my mind from destructive thoughts.

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. – 2 Corinthians 10:4-5

2) REPLACE my thoughts with God's thoughts.

Therefore, if you have been raised with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. ² Keep thinking about things above, not things on the earth...
⁵ So put to death whatever in your nature belongs to the earth: sexual immorality, impurity, shameful passion, evil desire, and greed, which is idolatry. – Colossians 3:1-2, 5

Let the word of Christ dwell in you richly, teaching and exhorting one another with all wisdom, singing psalms, hymns, and spiritual songs, all with grace in your hearts to God. – Colossians 3:16

3) RELY on the Holy Spirit to strengthen my mind.

The Spirit of God, who raised Jesus from the dead, lives in you...
¹² Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. – Romans 8:11-12

²⁶ And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.
– Romans 8:26

- **Retraining my brain starts with KNOWING JESUS.**

So now there is no condemnation for those who belong to Christ Jesus. ² And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death. ³ The law of Moses was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body God declared an end to sin's control over us by giving his Son as a sacrifice for our sins. – Romans 8:1-3