

# WHY?

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**Part 4 – Why Can't I Change?**

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I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. – Romans 7:15

- ✓ **It becomes a part of our IDENTITY.**
- ✓ **We feel increasingly HOPELESS.**
- ✓ **We become DEFENSIVE.**
- ✓ **We begin to lose our FREEDOM.**
- ✓ **We begin to lose our LIVES.**

## **HOW TO CHANGE**

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! – 2 Corinthians 5:17

### **1) GET RID OF THE EXCUSES.**

But they all began making excuses. One said, "I have just bought a field and must inspect it. Please excuse me." **19** Another said, "I have just bought five pairs of oxen, and I want to try them out. Please excuse me." **20** Another said, "I just got married, so I can't come." – Luke 14:18-20

### **2) MAKE A BREAK.**

What agreement is there between the temple of God and idols? For we are the temple of the living God. As God has said: "I will live with them and walk among them, and I will be their God, and they will be my people." **17** Therefore, "Come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you." – 2 Corinthians 6:16-17

Do not be misled: "Bad company corrupts good character."  
**34** Come back to your senses as you ought, and stop sinning...  
- 1 Corinthians 15:33-34

### **3) FILL THE VOID.**

Do not let sin control the way you live; do not give in to sinful desires. **13** Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God. **14** Sin is no longer your master, for you no longer live under the requirements of the law. Instead, you live under the freedom of God's grace. – Romans 6:12-14

- ✓ **Give your life to JESUS.**
- ✓ **Invest in healthy RELATIONSHIPS.**
- ✓ **Live for a greater PURPOSE.**

The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.  
– Romans 8:11