

**THIS IS THAT - Palm Sunday**  
**Pastor Mark Rouse - April 5, 2020**

<sup>22</sup> When they came together in Galilee, he said to them, "The Son of Man is going to be delivered into the hands of men. <sup>23</sup> They will kill him, and on the third day he will be raised to life." And the disciples were filled with grief. - Matthew 17:22-23

<sup>36</sup> Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." <sup>37</sup> He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. <sup>38</sup> Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." - Matthew 26:36-38

- **Lament - a PASSIONATE EXPRESSION of grief and sorrow.**

**Overwhelmed with Grief and Sorrow**

**1) EXPRESS.**

About three in the afternoon Jesus cried out in a loud voice, "*Eli, Eli, lema sabachthani?*" (which means "My God, my God, why have you forsaken me?") - Matthew 27:46

My God, my God, why have you forsaken me? Why are you so far from saving me, so far from my cries of anguish? - Psalm 22:1

**2) EMBRACE.**

<sup>39</sup> Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will." <sup>42</sup> He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done."  
- Matthew 26:39, 42

<sup>13</sup> I remain confident of this: I will see the goodness of the Lord in the land of the living. <sup>14</sup> Wait for the Lord; be strong and take heart and wait for the Lord. - Psalm 27:13-14

**3) ENTRUST.**

Jesus called out with a loud voice, "Father, into your hands I commit my spirit." When he had said this, he breathed his last.  
- Luke 23:46

So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy. - John 16:22