

# A Little Bit of Wisdom - Part 2 - The Secret of Contentment Ray Hammond / ray@epicchurchbuffalo.com October 21, 2018

The beginning of wisdom is this: Get wisdom. Though it cost all you have, get understanding. – Proverbs 4:7

A heart at peace gives life to the body, but envy rots the bones.

- Proverbs 14:30

### THE PROBLEM WITH COMPARISON

- It changes our **PERCEPTION**.
- It makes false **PRESUMPTIONS**.
- It focuses on the wrong <u>PERSON</u>.

The fear of the Lord leads to life; then one rests content, untouched by trouble. – Proverbs 19:23

I am not saying this because I am in need, for I have learned to be content whatever the circumstances. 12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. 13 I can do all this through him who gives me strength.

- Philippians 4:11-13

#### THE SECRECT OF CONTENTMENT

## 1) Make God your **SOURCE**.

#### Memory Verse:

But godliness with contentment is great gain. – 1 Timothy 6:6

### 2) Realize what you **HAVE**.

For we brought nothing into the world, and we can take nothing out of it. **8** But if we have food and clothing, we will be content with that. – 1 Timothy 6:7-8

## 3) Live your life on MISSION.

But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness. **12** Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses. – 1 Timothy 6:11-12