



August 14th 2022
Renewal: Psalms 2022
Psalm 4

Introduction

Greet one another and pray before you begin discussion.

Read: Psalm 4.

Discussion

1. How might our sleep patterns connect to our growing in the character and conduct of Jesus? Can Christians find rest in Christ in the midst of difficult or even dangerous circumstances? If so, why, How?

Examination

2. Read Psalm 4 again. Pay attention to how David prays highlighting the character of God. Why do you think he does this?
3. To whom does David turn to in the midst of his suffering? What influence can Psalm 4 have upon us when we are suffering conflict?
4. David provides several responses to suffering and conflict in the exhortation section of the Psalm (vs. 2-5). What are they? Where can you see Christ respond this way in the Gospels?

Application

5. Describe a time when you could not sleep because of a spiritual reason. Why did this issue keep you sleepless? What did you learn about God from this experience?
6. Do you desire that your enemies trust God and repent? How can God's influence and mercy toward you effect your thoughts about people you're in conflict with?
7. How can one be angry and not sin? Have you seen this modeled before? What happened?



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