

PUSH MY BUTTONS Part 2: Push Stop

Objective: To challenge us to remove anything from our lives that prevents us from living out our faith or representing Jesus well.

Peter replied, “Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. 39 The promise is for you and your children and for all who are far off—for all whom the Lord our God will call.”

Acts 2:38-39

Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord

Acts 3:19

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

1 John 1:9

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things

Philippians 4:8

For the grace of God has appeared that offers salvation to all people.¹² It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age, ¹³ while we wait for the blessed hope—the appearing of the glory of our great God and Savior, Jesus Christ, ¹⁴ who gave himself for us to redeem us from all wickedness and to purify for himself a people that are his very own, eager to do what is good.

Titus 2:11-14

- What comes to mind when you hear words like ‘sin’, ‘sinner’, or ‘repent’? Where do you get your ideas about those concepts?
- Does knowing that the word sin literally means ‘missing the mark’ change the way you view sin as it relates to your own life? If so, how?
- The pastor said that the way to ‘push stop’ when it comes to living for ourselves rather than living for Jesus is to repent. If it’s that simple, what do so many people not do it?
- Of the three ‘steps’ to pushing stop on sin in your life (Confession, Renewing Your Mind, & Trusting Your Savior) which is the most difficult for you? Why?
- What do you think the church (and our community) would look like if we made repentance and surrender a regular part of our teaching and our lives?

Consider this week:

- Which do you need to focus on this week, confession, renewing your mind or trusting in Jesus? Who will you ask to hold you accountable to take an action step?

Final Thought: Living for ourselves will always wear us down and eventually leave us empty, broken or both. Repentance opens the door to freedom and renewal.