

## Running on Empty

### Part 1: FILLING UP AN EMPTY LIFE

**Objective:** To help us recognize that it is only when we focus on living for Jesus that we will experience life to the fullest.

**Read together:**

**“Give careful thought to your ways. 6 You have planted much, but harvested little. You eat, but never have enough. You drink, but never have your fill. You put on clothes, but are not warm. You earn wages, only to put them in a purse with holes in it.”**

Haggai 1:5-6

**You expected much, but see, it turned out to be little. What you brought home, I blew away. Why?” declares the Lord Almighty. “Because of my house, which remains a ruin, while each of you is busy with your own house.**

Haggai 1:9

- Have you ever felt like your life was empty or at least unsatisfying? Can you articulate why you felt that way? What did you do about it?
- Why do you think living in the richest nation in history and having more free time and opportunity than anyone has ever had doesn't feel more satisfying?
- Can you think of things you have focused on (even good things) that get in the way of fully pursuing Jesus with your life? If you're comfortable, share them with your group.

**Read together:**

**“Give careful thought to your ways. 8Go up into the mountains and bring down timber and build my house, so that I may take pleasure in it and be honored,” says the Lord.**

Haggai 1:7-8

**...the whole remnant of the people obeyed the voice of the Lord their God and the message of the prophet Haggai, because the Lord their God had sent him. And the people feared the Lord...  
...“I am with you,” declares the Lord.**

Haggai 1:12-13

- What would it look like if your life were truly focused on worshipping Jesus?
- What can you start doing today to help you get there?

**Consider this week:**

- What can/should you eliminate (or at least reduce) in your life so that you have more time and energy to focus on what really matters?
- Who will you ask to hold you accountable for focusing on the one thing that really matters?

**Final Thought:** If your life feels full, but empty at the same time, practice doing less and focusing on Jesus more.

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