LET US PRAY Part 1: Conversations

Objective: To challenge us to begin having a consistent conversation with God.

Read together:

Listen to my words, Lord,
consider my lament.

Hear my cry for help,
my King and my God,
for to you I pray.

In the morning, Lord, you hear my voice;
in the morning I lay my requests before you
and wait expectantly.

Psalm 5:1-3

- Do you have any "baggage" about what prayer is supposed to be like that keeps you from praying like you should?
- Does the idea that prayer is simply an intimate conversation with God change the way you think about prayer? If so, how?
- When you do pray, how honest and open are you with God? Does the idea of having a truly intimate conversations with God make you nervous? Why or why not?
- When you pray, do you only pray for the "big things? Does it surprise you that God cares about the smallest details of your life?
- Praying consistently requires that we stay in constant contact with our Heavenly Father. What does that look like for you?
- Often when we pray, we do all of the talking, but prayer is both talking to God and listening for his voice. Do you spend time listening for God's voice? Are there any habits or disciplines that help you with that?

Final Thought: This week, be intentional about having a n intimate conversation with God, and don't forget to listen to him during the conversation.