

ROOTED

Week 2: Stay Connected

Objective: To challenge us to stay connected to the Father through prayer.

1. Task or relationship?

When you evaluate your current prayer life, does it feel more like a *chore* or a *connection*—and why?

2. Luke 11:1 starts with the disciples watching Jesus pray.

What do you think they saw in Jesus' prayer life that made them say, "Lord, teach us to pray"?

3. Jesus begins the pattern of prayer with "Father." (Luke 11:2)

How does starting with "Father" change the tone of prayer—especially for people who feel distant from God?

4. Jesus gives a *pattern*, not a script. (Luke 11:2–4)

Which part of the pattern do you naturally lean toward (worship, asking, confession, surrender, etc.)—and which part do you tend to skip?

5. "Give us each day our daily bread."

What does daily dependence look like in real life (work, family, stress, decisions)? Where are you tempted to "stockpile" control instead of trusting God?

6. Forgiveness is included as part of staying connected. (Luke 11:4)

Is there any area where unforgiveness, guilt, or avoidance might be clogging the connection between you and God?

7. Luke 11:5–13 contrasts a reluctant friend with a good Father.

Which do you *act* like God is when you pray—an inconvenienced neighbor or a loving Father? What experiences have shaped that view?

8. "Ask... seek... knock." (Luke 11:9–10)

What is one thing you need to bring to God this week with steady, relational persistence—not pressure, not performance, just connection?

Final Thought: A praying life is a connected life. Prayer isn't how you impress God—it's how you stay close to the Father who already loves you.

This Week: Don't try to "do prayer." Maintain relationship. Set a daily connection point, and when you miss a day, don't spiral—reconnect the next day. The goal is not perfection; it's presence

