



# PATHWAYS

## STUDY GUIDE

Week 1: Change of  
Perspective

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**Objective:** To discover the pathway from fear to peace is worship because worship requires a change of perspective.

## Read Together:

**Acts 16:25** *About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them*

**Philippians 4:6-7** *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

**Psalms 121:1-2** *I lift up my eyes to the mountains—where does my help come from? 2 My help comes from the Lord, the Maker of heaven and earth.*

- What kinds of things make you feel afraid? Is there something in your life causing you to fear right now?
- In the message, we mentioned, “*When we come face to face with fear, our greatest need isn't for our **situation** to change, our greatest need is for our **perspective** to change.*” What do you think about this? Do you agree? Why or why not?
- Read Philippians 4:6-7. How does this passage speak to the way you currently handle your fear? How might this change the way you handle fear going forward?
- In the message, we mentioned, “*When I focus on my circumstances, **fear** is the natural response. But when I focus on God, **worship** is the only response*”. Why do you think focusing on God helps us to take our focus off of our fear? What do you think that could look like in your life?

**FINAL THOUGHT:** This week, what will you do to change your perspective from **FEAR** to **PEACE** when you find yourself in stressful situations? How can your group pray for you and support you?