

Antidote Week 2: Magnetic

Objective: To challenge us to cultivate humility in our lives.

Read together:

All of you, clothe yourselves with humility toward one another, because, “God opposes the proud but shows favor to the humble.”

⁶ Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. ⁷ Cast all your anxiety on him because he cares for you.

1 Peter 5:5-6

1. The sermon said: *“Pride poisons our relationships and disconnects us from God.”*
 - In what ways have you seen pride damage relationships in your life, workplace, or church?
2. Pride is often hard to spot in ourselves but easy to see in others.
 - Which of the “subtle symptoms of pride” (impatience, irritation, not asking for help, etc.) do you most identify with, and why?
3. Peter says: *“Clothe yourselves with humility.”* (1 Peter 5:5).
 - What do you think it means to “put on” humility like clothing? How could this look in your daily routine?
4. The sermon emphasized: *“Humility is the fastest way to get close to God.”*
 - Why do you think humility attracts God’s presence while pride makes Him resist us?
5. One way to cultivate humility is to *“submit to one another out of reverence for Christ”* (Eph. 5:21).
 - What makes submission so difficult, and how could asking “How can I serve you?” change your relationships?
6. Jesus taught the importance of admitting when we are wrong before even bringing an offering to God (Matt. 5:23–24).
 - Why is reconciliation such a critical part of humility? How could being quick to admit fault transform your family, friendships, or workplace?
7. Practicing obedience was highlighted as another step toward humility.
 - What is one area where God may be calling you to obey Him quickly? What keeps us from obeying right away?
8. Paul wrote that Jesus humbled Himself by becoming a servant and dying on a cross (Phil. 2:3–8).
 - What is one practical way you could imitate Jesus’ humility this week? Which of the five practices (assessment, submission, admitting wrong, obedience, imitation) will you choose to start with?

Final Thoughts: God finds humility in his children irresistible. And, when we are humble, others are drawn to Jesus through our lives.

This Week: Choose one practice you can begin doing that will cultivate humility in your life?