

## Week 5: Starting Over

**Main Idea:** Sometimes in life, we just want to be able to start over again. But when starting over seems impossible, we find hope in Jesus' empty tomb. Through Jesus, new life is available to all

### **Bible Verses to Read:**

**Luke 24:1-9** *On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. 2 They found the stone rolled away from the tomb, 3 but when they entered, they did not find the body of the Lord Jesus. 4 While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. 5 In their fright the women bowed down with their faces to the ground, but the men said to them, "Why do you look for the living among the dead? 6 He is not here; he has risen! Remember how he told you, while he was still with you in Galilee: 7 'The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again.' " 8 Then they remembered his words*

**Galatians 2:20** *I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.*

- Have you ever had a bad day when things just keep going wrong? What do you do to get through those bad days?
- During the message, we mentioned how the way we try to start over is by trying our best to endure our pain and move on. Do you think this works? Why or why not?
- Read **Luke 24:1-9**. During the message we mentioned how God's way of starting over is that *We are raised to new life with Jesus*. What do you think makes Jesus' resurrection so significant? How do you think Jesus' resurrection gives new life to us?
- Read **Galatians 2:20**. Paul, the author of Galatians explains that life is no longer our own, but made new in Christ. What do you think that means? What do you think "new life in Christ" looks like?
- During the message we talked about how it can be easy to forget the words of Jesus when we experience hardship. Do you find this is true for you? How might turning to God's Word give you hope and life in times of trouble?

**FINAL THOUGHT:** What can you do to remember the words of Jesus, that you have **new life** in Him, and never forget the lessons you have learned during this sermon series?