

MORE THAN A FEELING

Week 1: Love is...

Objective: To challenge us to begin intentionally acting in love towards others.

1. The sermon contrasted “*falling in love*” with “*living out love*.”

How would you describe the difference between those two ideas in your own words?

2. The definition we’re using for this series is: “**Love is the choice to live like Jesus.**”

What part of that definition challenges you the most—the word *choice*, *live*, or *Jesus*? Why?

3. Read **1 Corinthians 13:4–7** together.

Which description of love (patient, kind, not self-seeking, not easily angered, etc.) feels hardest for you *right now*?

4. The sermon emphasized that love is a **verb**—something we choose and practice daily. Can you think of a recent situation where choosing love went against what you *felt* in the moment?

5. In **John 13:34–35**, Jesus says love is how the world will recognize His followers. In your experience, how does visible, consistent love speak louder than arguments, opinions, or labels?

6. If love is meant to be a *way of life* and a *road sign to Jesus*, what is one habit, reaction, or pattern you sense God inviting you to change?

Final Thought:

Love isn’t something we fall into—it’s something we **practice**. Every day, in ordinary moments, we are given opportunities to choose patience, kindness, humility, and grace. When we do, our lives quietly begin to look like Jesus—and that kind of love never goes unnoticed.

This Week:

Choose one intentional act of love each day this week.

- Read **1 Corinthians 13** once a day.
- Slow down before reacting—especially in moments of tension.
- Ask yourself one simple question:
“What would it look like to live like Jesus right here?”

Don’t focus on how you *feel*. Focus on the choice you *make*.