

Compelling Portrait Part 9: The Trade Off

Objective: To challenge us to recognize our need for Jesus.

Read together:

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

Matthew 11:28-30

Can any one of you by worrying add a single hour to your life?... But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Matthew 6:27, 33-34

Be still before the Lord and wait patiently for him;

Psalms 37:7

So, you are no longer a slave, but God's child; and since you are his child, God has made you also an heir.

Galatians 4:7

- Does it feel more and more like the weight of life is getting heavier? If you think so, why do you think that?
- What are some of the things we tend to carry around that make life so heavy?
- Why do you think most of us insist on carrying the 'weight of the world' on our own?
- What did the pastor say it means to 'take up a yoke'? When Jesus invites us to take up his yoke, what does that look like?
- What is the difference between being religious and being in a relationship with Jesus? Have you spent most of your life focused on religion or relationship?
- What is the number one thing that is keeping you from letting Jesus carry your burdens?

Final Thought: If you are tired of carrying the weight of the world, lay it down and let Jesus carry it for you.

This Week: Look for places where you try to lighten your load rather than simply lay it down. Ask Jesus to help you lay it down and let him carry it.

