## What Man is This? Week 1: Lord Over Creation

Objective: To encourage us to call out to and to worship Jesus when life is difficult.

## Read together:

That day when evening came, he said to his disciples, "Let us go over to the other side." 36 Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. 37 A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. 38 Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"

39 He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.

40 He said to his disciples, "Why are you so afraid? Do you still have no faith?"

41 They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"

Mark 4:35-41

The Son is the <u>image of the invisible God</u>, the firstborn over all creation.16 For <u>in him all things</u> <u>were created</u>: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; <u>all things have been created through him</u> and for him. 17 He is before all things, and <u>in him all things hold together</u>.

Colossians 1:15-17

"I have told you these things, so that <u>in me you may have peace</u>. In this world you will have trouble. But take heart! I have overcome the world."

John 16:33

So do <u>not fear</u>, for <u>I am with you</u>; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isaiah 41:10

- The question being addressed in this sermon series is "What man is this?" Who do people around you that say Jesus is? Who would YOU say Jesus is? Why?
- When the disciples found themselves in the middle of the storm, it wasn't because they did anything wrong. In fact, it was because they obeyed Jesus. What does that teach us about some of the storms of life? How do you think Jesus would have responded if it was their fault? (Read **Matthew 14:22-33** if you need a hint).
- How have you seen Jesus bring order out of chaos? Does knowing he can do that give you hope and/ or peace? Why?
- Jesus calms our fears and brings peace. What can we do to experience that peace? (What did the disciples do?)
- How does being in the presence of God alleviate fear, even if the storm still rages on? Have you
  experienced this in your own life?
- Does knowing that Jesus is bigger than any storm you will face change the way you see him? Does it impact the way you approach him? If so, how?
- When we realize that Jesus is Lord, even over creation, what is the only right response?

**Final Thoughts:** Painful storms will happen in life. But Jesus is Lord, even over those storms, and when we lean on him, he brings us peace even in the storms.

This Week: What fear or anxiety do you need to hand over to Jesus this week?

