

SING A NEW SONG
Part 1: What A Friend We Have in Jesus

Objective: To invite us to trust Jesus to set us free from fear, worry and anxiety.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

I sought the Lord, and he answered me; he delivered me from all my fears.

Psalm 34:4

When I am afraid, I put my trust in you. 4 In God, whose word I praise — in God I trust and am not afraid. What can mere mortals do to me?

Psalm 56:3-4

- When you think of friendship, what comes to mind? Do you have someone who you consider to be your best friend? What role do they play in your life?
- Based on the message, what is the difference between acute fear and chronic fear? Which one would you say you struggle with the most?
- What does your response to fear say about your faith?
- Philippians 4:6 says, “do not be anxious about anything?” How realistic do you think that is? If it isn’t realistic, why do you think Paul instructed us to do not be anxious?
- Based on this week’s sermon, what is the remedy for fear, worry, stress and anxiousness? How well do you access that remedy?
- What can you do to stay close to Jesus as the friend who will carry all of your worry, stress and fear?

Consider this week:

- When you feel stress, worried, anxious or afraid - pause and do two things. 1. Remember (or listen) to our song “What a Friend We Have in Jesus.” 2. Pray and ask God to take your fear and give you peace.

Final Thought: Whatever your greatest fears are, Jesus promises to handle them for you. All you have to do is take it to him in prayer.

SING A NEW SONG