

Mark 5: Deliverance and Healing/Servant

Love 'Em to Life

Jesus: Servant

Isaiah 52:13 Behold, My Servant shall deal prudently... He shall be exalted and extolled and be very high.

I. A Demon-Possessed Man Delivered

5:1 Then they came to the other side of the sea, to the country of the Gadarenes.

- Made it to other side: After Jesus rebuked the wind/waves: Who'd guess?
- **Gadarenes:** Inhabitants of the Gadara
 1. Land given to Tribe of Gad
 2. East side of Jordan
 3. Pig Business: Prohibited in Law of Moses

2 And when He had come out of the boat, immediately there met Him out of the tombs a man with an unclean spirit, **3** who had *his* dwelling among the tombs; and no one could bind him, not even with chains, **4** because he had often been bound with shackles and chains. And the chains had been pulled apart by him, and the shackles broken in pieces; neither could anyone tame him. **5** And always, night and day, he was in the mountains and in the tombs, crying out and cutting himself with stones.

- Immediately; Exhausted, Hungry
- Demon possessed:
 1. Met Him
 2. [Luke 8:27] Naked/Dwelled in graveyard a "long time"
 3. Often bound unsuccessfully; even with chains
 4. Chains pulled apart...shackles broken in pieces
 5. Could not tame him; i.e. calm him down
 6. Continually day/night wandering mountains and tombs
 7. Crying out and **cutting himself** with stones
- Demonic possession: Demon "reside" in human body

People often get involved in the occult or demonic things because there is something there that seems to work. Unfortunately, it is not something, but someone. [Guzic]

[Demons] are extremely restless [McGee]

- Self infliction: From Elijah to Jesus to today:

Self-harm is known to have been a regular ritual practice by cultures such as the ancient

Maya civilization, in which the Maya priesthood performed auto-sacrifice by cutting and piercing their bodies in order to draw blood. A reference to the priests of Baal "cutting themselves with blades until blood flowed" can be found in the Hebrew Bible

1 Kings 18:27 [Whose God would start the fire]...at noon, that Elijah mocked them and said, "Cry aloud, for he is a god; either he is meditating, or he is busy, or he is on a journey, or perhaps he is sleeping and must be awakened." 28 So they cried aloud, and cut themselves, as was their custom, with knives and lances, until the blood gushed out on them. 29 And when midday was past, they prophesied until the time of the offering of the evening sacrifice. But there was no voice; no one answered, no one paid attention.

... Self-harm is also practiced by the sadhu or Hindu ascetic, in Catholic mortification of the flesh, in ancient Canaanite mourning rituals as described in the Ras Shamra tablets and in the Shi'ite annual ritual of self-flagellation, using chains and swords, that takes place during Ashura where the Shi'ite sect mourn the martyrdom of Imam Hussein.

Mark 9:17-26

1. Father brings son to be healed; Mute spirit
2. Seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid
3. Spirit sees Jesus and "immediately the spirit convulsed him"
4. Falls on the ground and wallowed [floundered], foamed at the mouth.
5. Jesus asked his father, "How long has this been happening to him?"
6. "From childhood: Throws him both into the fire and into the water **to destroy him**
7. Rebuked the unclean spirit: "Deaf and dumb spirit, I command you, come out of him and enter him no more!"

Mark 9:26 Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, "He is dead." 27 **But Jesus took him by the hand and lifted him up, and he arose.**

...no one could bind him... neither could anyone tame him. Run out of options...only Band-Aids to deeper issue!

Worlds Advice for Self-Mutilation

Things to Distract You: Like all urges, the urge to cut will pass if you wait it out.

- Call a friend and talk about something completely different
- Take a shower (make sure you don't have razors in the shower)
- Go for a walk or run, take a bike ride, dance like crazy, some other form of exercise
- Play with a pet
- Watch TV (change the channel if the show gets upsetting or features cutting)
- Drink a glass of water

Things to Soothe and Calm You: Sometimes people cut because they're agitated or angry

- Play with a pet
- Take a shower (make sure you don't have razors in the shower)
- Take a bath (make sure you don't have razors near the tub)

- Listen to soothing music that will shift your mood
- Try a breathing exercise
- Try some relaxing yoga exercises

Things to Help You Express the Pain and Deep Emotion Some people cut because the emotions that they feel seem way too powerful and

- Draw or scribble designs on paper using red pen or paint on white paper — if it helps, make the paint drip
- Write out your hurt, anger, or pain using a pen and paper
- Draw the pain
- Compose songs or poetry to express what you're feeling
- Listen to music that talks about how you feel

Things to Help Release Physical Tension and Distress Sometimes, doing things that express anger or release tension can help

- Rip up some paper
- Write out your hurt, anger, or pain using a pen and paper
- Scribble on paper using a red pen
- Squeeze, knead, or smooch a stress ball, handful of clay, or Play-Doh

Substitutes for the Cutting Sensation These substitute behaviors won't work for everyone. They also don't help people get in touch with why they are cutting. What they do is provide immediate relief in a way that doesn't involve cutting, and therefore holds less risk of harm.

- Rub an ice cube on your skin instead of cutting it
- Wear a rubber band around your wrist and snap it gently against your skin
- Draw on the skin with a soft-tipped red pen in the place you might usually cut

"My friends help me to think of happy things that make me hurt myself. Every time I come close to cutting myself I call a friend and the help me to stop cutting. J., 13

- Self mutilation, Self harm is a **Spiritual Problem** not solved with "tricks"
- Influence/Voices/Temptation to hurt self is Satanic: Unclean Spirit

John 10:10 The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

- Torturer, tormenter, Accuser, and executioner. Jesus is bondage breaker!

1 John 3:8 ...For this purpose the Son of God was manifested, that He might destroy the works of the devil.

- Jesus came to destroy the work of the devil: Destroy the destroyer of lives!

6 When he saw Jesus from afar, he ran and worshiped Him. 7 And he cried out with a loud voice and said, "What have I to do with You, Jesus, Son of the Most High God? I implore You by God that You do not torment me."

- Ran and worshiped

Mark 3:11 And the unclean spirits, whenever they saw Him, fell down before Him and cried

out, saying, "You are the Son of God."

"The full address [Jesus, Son of the Most High God] is not a confession of Jesus' dignity but a desperate attempt to gain control over him or to render him harmless, in accordance with the common assumption [superstition] of the period that the use of the precise name of an adversary gave one mastery over him." (Lane)

James 2:19 You believe that there is one God. You do well. Even the demons believe—and tremble!

...I implore You by God that You do not torment me." 8 For He said to him, "Come out of the man, unclean spirit!" 9 Then He asked him, "What is your name?"

- **Torment:** To come out of the man; to be a disembodied spirit

Matthew 12:43 "When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. 44 Then he says, 'I will return to my house from which I came.' And when he comes, he finds it empty, swept, and put in order. 45 Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and the last state of that man is worse than the first. So shall it also be with this wicked generation." [Restless]

And he answered, saying, "My name is Legion; for we are many."

- **Legion:** Roman legion of soldiers 6000 men!

Mark 1:23 ...there was **a man** in their synagogue with an unclean spirit. And he cried out, 24 saying, "**Let us alone!** What have **we** to do with You, Jesus of Nazareth? Did You come to destroy **us? I know** who You are—the Holy One of God!"

- **My** name is Legion for **We** are many: Intimidation

10 Also he begged Him earnestly that He would not send them out of the country.

- 1) Don't leave us without body/host
- 2) Begged to not be "sent out to the country"? **Demons territorial:**

Daniel 10:12 Then he [Arch-Angel Gabriel] said to me, "Do not fear, Daniel, for from the first day that you set your heart to understand, and to humble yourself before your God, your words were heard; and I have come because of your words. 13 But the prince of the kingdom of Persia withstood me twenty-one days; and behold, Michael, one of the chief princes, came to help me, for I had been left alone there with the **kings of Persia**...20 Then he said, "Do you know why I have come to you? And now I must return to fight with the **prince of Persia**; and when I have gone forth, indeed the **prince of Greece** will come.

- Principalities and Powers over real estate: Centralia/Yelm
- Michael Arch-Angel over Israel [Rev 12]

Ephesians 6: 11 Put on the whole armor of God, that you may be able to stand against the

wiles of the devil. 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

- Don't send us out of the country [our home-town, out tour]

11 Now a large herd of swine was feeding there near the mountains. 12 So all the demons begged Him, saying, "Send us to the swine, that we may enter them."

- All the demons begged: Different voices? **"Let us possess the pigs"**

"Satan would rather vex swine than do no mischief at all. He is so fond of evil that he would work it upon animals if he cannot work it upon men." (Spurgeon)

13 And at once Jesus gave them permission. Then the unclean spirits went out and entered the swine (there were about two thousand); and the herd ran violently down the steep place into the sea, and drowned in the sea.

- Violently down hill into the sea; Pigs Drowned, Demons did not

"Jesus allowed the demons to enter the swine to indicate beyond question that their real purpose was the total destruction of their host." (Lane)

14 So those who fed the swine fled, and they told it in the city and in the country. And they went out to see what it was that had happened.

- Servants standing near went and told owners your stock just went down

15 Then they came to Jesus, and saw the one who had been demon-possessed and had the legion, sitting and clothed and in his right mind. And they were afraid. 16 And those who saw it told them how it happened to him who had been demon-possessed, and about the swine.

- Man formerly known as demon-possesses: Sitting, Clothed, Sane
- Those who saw it: Witness/Testimony to God's Power and Compassion

17 Then they began to plead with Him to depart from their region.

- Owners more concerned about losing worldly possessions than God in midst!
- Rather have demon possessed man than Jesus

18 And when He got into the boat, he who had been demon-possessed begged Him that he might be with Him. 19 However, Jesus did not permit him, but said to him, "Go home to your friends, and tell them what great things the Lord has done for you, and how He has had compassion on you."

- Begged to go with Jesus:
- **Instead:** Go tell friends what happened and why [God's compassion on you]

- Let your outward works/words confirm **true inward change**:

20 And he departed and began to proclaim in Decapolis all that Jesus had done for him; and all marveled.

- Witness in the Decapolis: 10 Cities on east side of Jordan

SUMMARY: Deliverance for Demon-Possessed Man: Formerly demon possessed now bringing people to God! God's power over Satan

II. Jairus Calls Jesus

21 Now when Jesus had crossed over again by boat to the other side, a great multitude gathered to Him; and He was by the sea.

- Back at the beach

22 And behold, one of the rulers of the synagogue came, Jairus by name. And when he saw Him, he fell at His feet 23 and begged Him earnestly, saying, "My little daughter lies at the point of death. Come and lay Your hands on her, that she may be healed, and she will live." 24 So Jesus went with him, and a great multitude followed Him and thronged Him.

- "Pastor" of the synagogue: 12 year old daughter is dying!
- Luke 7 Centurion servant sick; "Just say the word". Jairus "Lay Your hands on her!"
- Multitude followed as Jesus on His way...

III. Woman Healed

25 Now a certain woman had a flow of blood for **twelve** years, 26 and had suffered many things from many physicians. She had spent all that she had and was no better, but rather grew worse.

The ancient rabbis had many different formulas to help a woman afflicted like this. "Rabbi Jochanan says: 'Take of gum Alexandria, of alum, and of corcus hortensis, the weight of a zuzee each; let them be bruised together, and given in wine to the woman that hath an issue of blood. But if this fail, Take of Persian onions nine logs, boil them in wine, and give it to her to drink: and say, Arise from thy flux. But should this fail, Set her in a place where two ways meet, and let her hold a cup of wine in her hand; and let somebody come behind and affright her, and say, Arise from thy flux. But should this do no good ...'" (Clarke)

27 When she heard about Jesus, she came behind Him in the crowd and touched His garment. 28 For she said, "If only I may touch His clothes, I shall be made well."

- Came up behind Him: I shall be made well!

29 Immediately the fountain of her blood was dried up, and she felt

in her body that she was healed of the affliction. 30 And Jesus, immediately knowing in Himself that power had gone out of Him, turned around in the crowd and said, "Who touched My clothes?" 31 But His disciples said to Him, "You see the multitude thronging You, and You say, 'Who touched Me?'"

- Power had gone out: "Who touched Me?" Who had such faith?
- Multitude thronging...one with faith made Jesus stop

32 And He looked around to see her who had done this thing. 33 But the woman, fearing and trembling, knowing what had happened to her, came and fell down before Him and told Him the whole truth. 34 And He said to her, "Daughter, your faith has made you well. Go in peace, and be healed of your affliction."

- Whole truth: An unclean woman touched you
 1. Not making Jesus unclean
 2. Making the woman clean
- Your faith in a Big God had made you well. Faith in God's compassion/mercy

"Augustine: 'Flesh presses, faith touches.' ... He can always distinguish between the jostle of a curious mob, and the agonized touch of a needy soul." (Morgan)

- Jairus would be watching this scene; Torture to see Jesus stop and heal another
- Jesus called the woman "daughter" to ignite Jairus faith...**he would need it...**

IV. Jairus Daughter Healed

35 While He was still speaking, some came from the ruler of the synagogue's house who said, "Your daughter is dead. Why trouble the Teacher any further?"

- Jairus heart stopped...hope fading

36 As soon as Jesus heard the word that was spoken, He said to the ruler of the synagogue, "Do not be afraid; only believe."

- As soon as bad news spoken...Jesus speaks hope!
 1. Do not be afraid
 2. **Only** believe...believe with no fear

37 And He permitted no one to follow Him except Peter, James, and John the brother of James.

Often these three are considered the "inner circle" of Jesus' disciples. Couldn't it be just as true that Jesus knew He had to keep a special eye on these three? [Guzic]

38 Then He came to the house of the ruler of the synagogue, and saw a tumult and those who wept and wailed loudly. 39 When He came in, He said to them, "Why make this commotion and weep? The child is not dead, but sleeping."

- Professional mourners
- Not dead...sleeping: Jesus reality is different than ours

40 And they ridiculed Him. But when He had put them all outside, He took the father and the mother of the child, and those who were with Him, and entered where the child was lying.

- Mourners to Mockers: When He had **put them outside**...yah baby!
- He took: Father, Mother, Peter, James, and John

41 Then He took the child by the hand, and said to her, "Talitha, cumi," which is translated, "Little girl, I say to you, arise."

Romans 4:17 —God, who gives life to the dead and calls those things which do not exist as though they did..

- Jesus speaks to the dead; Talitha cumi Lit "little lamb...wake up"

42 Immediately the girl arose and walked, for she was **twelve** years of age. And they were overcome with great amazement. 43 But He commanded them strictly that no one should know it, and said that something should be given her to eat.

- Jairus daughter [joy] born the same year woman began misery
- Great amazement: "Don't tell anyone" my time is not yet
- Give her something to eat!

1 Corinthians 15:26 The last enemy that will be destroyed is death. [Jesus wept]

Little Lamb wake up!