John 6 Pt 2 Soul Food vv 22-40

Jesus

Jesus wants His listeners to change their minds
From the Physical Temporal to the Spiritual Eternal

- John 6:1-21: Feeding of 15,000

III. Bread from Heaven Soul Food

22 On the **following day**, when the people who were standing **on the other side of the sea** saw that there was no other boat there, *except that one which His disciples had entered*, and that **Jesus had not entered** [that] boat with His disciples, but **His disciples had gone away alone—**

- **People saw** Disciples rowing away from East shore of Sea of Galilee w/out Jesus
- **People went** around on land [2-6 miles] to where the boat landed in Capernaum
- **People marveled** that the disciples **AND** Jesus get out of the boat…

Jesus walked on the water to the boat on route to Capernaum

- Jesus Home Base of Ministry
- Home of Peter, Andrew, James, John and Matthew

23 …however, **other boats** came from Tiberias, near the place where they ate bread after the Lord had given thanks— 24 when the people therefore saw that Jesus was not there, nor His disciples, *they also got into boats and came to Capernaum, seeking Jesus.*

- Other people walked 25 miles

Multitudes by Land/Sea head to Capernaum seeking Jesus
Why do people seek Jesus?

- Heal our diseases
- Make us happy
- Do miracles for us
- Make us rich/comfortable
- Make others think we're good
- Answer all our questions

They came seeking Jesus

25 And when they found Him on the other side of the sea, they said to Him, **"Rabbi, when did You come here?"** 26 Jesus answered them and said, "Most assuredly, I say to you, **you seek Me, not because you saw the signs, but because you ate of the loaves and were filled**.

God's Signs are meant to point us to God's Son
To reveal our desperate need for Life

John 20:30 … Jesus did many other signs in the presence of His disciples, which are not written in this book; 31 but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

- Rabbi when did you get here?
- Translation: Teacher, we're hungry!

27 **Do not labor for the food which perishes**, but for the food which endures to everlasting **life**, which the Son of Man **will give you**, because God the Father has set His seal on Him."

I've come to give Life and that more Abundant!
More than physical life. More than mere existing

- Food that endures to Everlasting life

1 Peter 1:24 …"All flesh is as grass, And all the glory of man as the flower of the grass. The grass withers, And its flower falls away, 25 But the **word of the Lord endures forever**."

- Food leading to the Abundant Life

Isaiah 55:2 "Ho! [Listen Up!] Everyone who **thirsts**, Come to the waters; And you who have no money, Come, buy and **eat**. Yes, come, buy wine and milk Without money and without price. 2 Why do you spend money for what is not bread, And your wages for what does not satisfy? Listen carefully to Me, and **eat what is good**, And **let your soul delight** itself in abundance. 3 Incline your ear, and come to Me. Hear, and **your soul shall live…**

Eat what is Good! Filling. I will give you Soul Food
The Father has Set His Seal on Me

A seal was a mark of ownership and a guarantee of the contents. They should have confidence in Jesus because God the Father has **"guaranteed"** Him. [Guzik]

- Trying to get them to move
- From the physical to the spiritual using bread as an example

I will give you food that Endures to Everlasting Life

28 Then they said to [Jesus], "What shall we do, that we may work the works of God?" 29 Jesus answered and said to them, "This is the work of God, that you believe in Him whom He sent."

IOWs What can I do to get into Heaven?
A. Believe in Me. Who I AM. What I came to do.

30 Therefore they said to Him, "What sign *will You* perform then, that we may see it and believe You? **What work will You do?** 31 Our fathers ate the manna in the desert; as it is written, '**He gave them bread** from heaven to eat.'"

- We will believe when You perform?
- They just watched 15,000 fed

Moses gave us bread from Heaven

- **Exodus 16:** People complained O that we died in Egypt

Exodus 16:4 Then the Lord said to Moses, "Behold, I will rain bread from heaven for you. **…14** And when the layer of dew lifted, there, on the surface of the wilderness, was (V)a small round substance, as fine as frost on the ground. 15 So when the children of Israel saw it, they said to one another, **"What is it?"** For they did not know what it was.

What sign will you do? Can You top Moses?

Hebrews 3:3 [Jesus is…] counted worthy of **more glory than Moses**, inasmuch as **He who built the house has more honor than the house.**

Colossians 1:15 [Jesus] is the image of the invisible God, the firstborn **over all creation**. 16 For **by Him all things were created** that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All things were created through Him and for Him. 17 And He is before all things, and in Him all things consist.

- Can you top Moses giving us bread?
- Jesus could have said *I made Moses*

32 [But] Jesus said to them, "Most assuredly, I say to you, **Moses did not give you the bread from heaven**

BTW Moses *did not give you bread* from Heaven

32b… but My Father gives you the **true bread from heaven**. 33 For the bread of God is He who comes down from heaven and **gives life to the world**."

God gave you physical bread from Heaven to sustain temporal life
God sent Me from Heaven as True Bread for Eternal Life

The world is dead. I give life to the world

34 Then they said to Him, **"Lord, give us this bread always."**

When we are hungry, we feel as though food will answer all our problems. It's the same way with almost all other practical difficulties we find ourselves in. Just as Jesus tried to lift their understanding above their material, physical needs, so we need to have our minds lifted. [Guzik]

35 And Jesus said to them, "**I am the bread of life.** He who comes to Me **shall never hunger**, and he who believes in Me **shall never thirst**.

I AM the Bread of Life
First of Seven I AM statements in Gospel of John

- **Bread of Life**
- Light of the World

- Door/Gate
- Good Shepherd
- Resurrection/Life
- Way, Truth, and Life
- True Vine

I AM the Bread of Life: If there is one thing all humanity has in common from birth it is the universal innate feeling of discontentment. Something is missing; A desire seeking to be fulfilled. Every person begins with a God-shaped cavity that nothing else can satisfy except Jesus. [NJC]

Everything Your Soul hungers For
I AM the Bread of Life: Never Hunger again. Never Thirst

- **Never Hunger:** All we need for contentment is in Jesus
- **Never Thirst:** Refreshed/Renewed day by day by His Spirit

Stop looking for satisfaction in people/places/things that can't satisfy
How much God do you want? How much Adam are you willing to kill?

1 Corinthians 15:45 The first man Adam became a living being." The last Adam became a **life-giving spirit.**

The Bread of God is He who comes down from Heaven
And **gives life** to the world v33

- The whole world is offered Life
- The whole would will not receive Life. Offer must be accepted

…most listening to Jesus will not C.f. John 6:66

36 But I said to you that **you have seen Me** and **yet do not believe**.

John 6:26 …you seek Me, not because you saw the signs, but because you ate of the loaves and were filled.

- The only thing required you're not doing. Believe in Me
- Believing in God for the wrong reason is not saving faith

James 2:19 You believe that there is one God. You do well. Even the demons believe—and tremble!

I'm not Santa Clause/Genie granting 3 wishes
I AM the Son of God come to die on a man-made wooden cross for your sin

- The Bread God sent has come to be consumed for your sin
- I will save all who come to me in humility knowing their need for **Life**

37 All that the Father gives Me **will come to Me**, and the one who comes to Me **I will by no means cast out**.

- God the Father is calling/drawing people out of world to Jesus His Son

One day not giving a thought about God
Next day shockingly aware of our desperate need to be saved

- All who come to Me **as Savior** will are welcome…

1. Adulterer/Sexually Immoral
2. Murderer/Rebellious child
3. Those with unthinkable/unimaginable darkness from the past

No matter who you are/What you've done/Jesus is willing/able to save/change you
Jesus can change you if you're willing! His mercy is new every morning

- I don't need a Savior. I'm fine

John 6:31 Jesus answered and said to [those who thought they were fine…], "Those who are well have no need of a physician, but those who are sick. 32 I have not come to call the righteous, but sinners, to repentance."

First step to healing? Admit you're sick
Sick of Sin/Sick of Self

1 Timothy 1:15 This is a faithful saying and worthy of all acceptance, that **Christ Jesus came into the world to save sinners**, of whom I am chief.

38 For I have come down from heaven, not to do My own will, but the will of Him who sent Me.

My Father's Will is to Save the World
I AM here to do His will

39 **This is the will** of the Father who sent Me, that of all He has given Me I should lose nothing, but should **raise it up** at the last day.

- Will of God the Father for God the Son…

To call the dead to life at the last day
IOWs Raise the Entire Congregation of OT/NT believers up to Eternal Life

40 And **this is the will** of Him who sent Me, that everyone who sees the Son and believes in Him may have everlasting life; and I will **raise him up** at the last day."

- Will of God: To be with **us**
- Will of God: To be **with you**

Every person who Sees Gaze of the Soul on the Cross
Every person who Believes Affirmation of the Heart to receive

- These may have Everlasting Life

- These I will raise up at the last day

Will of the Father: For Jesus to give life

John 6:33…the bread of God is He who comes down from heaven and **gives life to the world**."

Only Jesus Gives Life to a Dead World!

Ephesians 2:1 And you He made alive, who were dead in trespasses and sins, 2 in which you once walked according to the course of this world **…4** But God, who is rich in mercy, because of His great love with which He loved us, 5 even when we were dead in trespasses, made us alive …

Abundant Victorious Life now/Eternal Life Forever

1 John 5:12 He who has the Son **has life**; he who does not have the Son of God **does not have life.**

Matthew 4:4 … 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.' "

- **Physical Bread** speaks of physical needs
- **Spiritual Bread** is the Word of God. Written/Living

Matthew 6:10 Your kingdom come. Your will be done On earth as it is in heaven. 11 Give us this day our daily bread.

- **Sequence of priority**

1. Kingdom stuff
2. Physical stuff

Soul Food. Seeking God in the Word of God

Matthew 6:33 But **seek first the kingdom of God** and His righteousness, and all these things shall be added to you.

Romans 8:5 For those who live according to the flesh set their minds on the things of the flesh, but **those who live according to the Spirit, the things of the Spirit.**

Colossians 3:2 Set your mind on things above, not on things on the earth

Life after the Flesh: Discontent/Confined/Bound up with worry
We get to the Broad Place/Spiritual Dimension by Faith/Setting our minds…

- **Set:** gr. phroneō. To understand, feel, cherish, **to think**
- 11/5/25 Stocks down over 5%. Countrymen voted perversion/death

God has been, is, always will be in Control. He wants change in us
We must set our minds on Him for absolute victory no matter what

We tend to think about what is most important to us. IOW What we think about most is most important to us no matter what we say or hope. The first step to walking in the Spirit is to set our minds away from the physical and in the direction of the spiritual and treat that decision to walk in the Spirit as *the most important thing to us*. Our feelings will follow our faith and the gate to the broad way of true/real/incomprehensible peace and satisfaction will open wide.[NJC]

2 Samuel 22:20 He also brought me out into a **broad place**; He delivered me because He delighted in me.

I AM the Bread of Eternal Life/Broad Place

Isaiah 33:20 Look upon Zion, the city of our appointed feasts; Your eyes will see Jerusalem, a quiet home, A tabernacle that will not be taken down; Not one of its stakes will ever be removed, Nor will any of its cords be broken. 21 But there the majestic Lord will be for us A **place of broad** rivers and streams, In which no galley with oars will sail, Nor majestic ships pass by 22 For the Lord is our Judge, The Lord is our Lawgiver, The Lord is our King; He will save us

Jesus is the Bread of Life: Spiritual Sustenance
Soul Food for an Abundant Life Now and Eternal Life Forever

We *ingest* Jesus by *setting our minds* on the things of God/His Word by His Spirit