

INTO THE BIBLE

So you are no longer a slave, but God's child; and since you are his child, God has made you also an heir.

Galatians 4:7 NIV

Suppose one of you wants to build a tower. Won't you first sit down and estimate the cost to see if you have enough money to complete it?

Luke 14:28 NIV

Jesus answered, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

John 4:13-14 NIV

But you don't have a clue what tomorrow may bring. For your fleeting life is but a warm breath of air that is visible in the cold only for a moment and then vanishes!

James 4:14 TPT

Commit to the Lord whatever you do, and he will establish your plans.

Proverbs 16:3 NIV

Be careful, or you will be enticed to turn away and worship other gods and bow down to them. Then the Lord's anger will burn against you, and he will shut up the heavens so that it will not rain and the ground will yield no produce, and you will soon perish from the good land the Lord is giving you. Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. Write them on the doorframes of your houses and on your gates, so that your days and the days of your children may be many in the land the Lord swore to give your ancestors, as many as the days that the heavens are above the earth.

Deuteronomy 11:16-21 NIV

RESCUE HOUSE

SERMON TAKEAWAYS

THE TECH-WISE PLAN

- 1. Cut Up The Credit Cards
- 2. Make A Budget
- 3. Debt Snowball
- 4. Stay Focused

DISCUSSION QUESTIONS

- 1. Have you found that you or your family have an unhealthy relationship with technology? Describe what this looks like.
- 2. Where has been the biggest struggle with technology within your family? Why do you think that is such a struggle?
- 3. What part of the plan (1-4) seems the hardest to do, and why?
- 4. What is one practical way that you can start the technology "snowball" in your family, to start freeing up more time?
- 5. What does it look like for your family to focus more on adding Jesus, than what is being "taken away?" What are some practical things that can help you do that?



PRAYER FOCUS

This week pray and ask God to show you where you might be spending too much time with a screen. Read Psalm 90:12 and pray this verse over your family.

ANNOUNCEMENTS

GARY CHAPMAN LIVE @ Rescue House Church - March 21st

Join us as we conclude our Tech-Wise Family series with guest speaker, Gary Chapman, author of "The 5 Love Languages." Dr. Chapman's radio program is aired on over 400 radio stations so you will not want to miss what he has to share with us! Join us in person or online at 10:00am.

Winston-Salem SKATE NIGHT - Sunday, March 21st @ 5:30pm

Join us this Sunday night as our Winston-Salem campus hosts a FREE Skate Night at Skateland USA Clemmons! This will be a fun night for family and friends of all ages! Dinner and rentals will be provided so please register on the Rescue House App under the "events" tab. (Skateland USA Clemmons, 2512 Neudorf Road, Clemmons 27012)