



Week 1

Jesus Reigns

- When life feels out of control, what's your natural response—try to fix it, stress about it, or withdraw?
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Key Scripture

- Colossians 1:15–20
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Discussion Questions

1. Jesus Reigns Over Creation

- What stands out to you about Jesus being the “image of the invisible God”?
 - Why does it matter that Jesus is the Creator, not just a teacher?
 - How does knowing Jesus created *everything* change how you view your current situation?
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2. Jesus Reigns Over Every Power

- Where do you see people placing their hope in earthly power (government, leaders, systems)?
 - Why is it easy to forget that all authority is under Jesus?
 - How does this truth challenge fear or frustration about the world right now?
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3. Jesus Reigns Over Your Problems

- Why is it difficult to trust God when you can't see what He's doing?



- What does it look like practically to trust Jesus in that area this week?
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4. Jesus Reigns Over His Church

- What does it mean that Jesus is the head of the Church—not a pastor, leader, or organization?
 - How should that shape the way we view church and community?
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5. Jesus Reigns Supreme

- What areas of your life are hardest to fully surrender to Jesus?
 - What does it actually look like to give Jesus *supremacy* in everything?
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6. Jesus Reigns Through Redemption

- Why is the cross the ultimate proof that Jesus reigns?
 - How does reconciliation with God bring peace into your everyday life?
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Application

Because Jesus reigns, how will you respond?

1. Release Control

- What is one thing you need to stop trying to control?

2. Refocus Your Mind

- What truth about Jesus do you need to remind yourself of daily this week?

3. Rest in His Sovereignty

- What would it look like to actually *rest* instead of striving?