

# FEAR(LESS)

~~OVERCOMING A SPIRIT OF FEAR~~

## INTO THE BIBLE

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

### **2 Timothy 1:7 NLT**

*Surrender your heart to God, turn to him in prayer, and give up your sins—even those you do in secret. Then you won't be ashamed; you will be confident and fearless. Your troubles will go away like water beneath a bridge, and your darkest night will be brighter than noon. You will rest safe and secure, filled with hope and emptied of worry. You will sleep without fear and be greatly respected.*

### **Job 11:13-19 CEV**

*I will praise the Lord at all times. I will constantly speak his praises. I will boast only in the Lord; let all who are helpless take heart. Come, let us tell of the Lord's greatness; let us exalt his name together.*

### **Psalm 34:1-3 NLT**

*I prayed to the Lord, and he answered me. He freed me from all my fears. Those who look to him for help will be radiant with joy; no shadow of shame will darken their faces. In my desperation I prayed, and the Lord listened; he saved me from all my troubles.*

### **Psalm 34:4-6 NLT**

*For the angel of the Lord is a guard; he surrounds and defends all who fear him. Taste and see that the Lord is good. Oh, the joys of those who take refuge in him! Fear the Lord, you his godly people, for those who fear him will have all they need.*

### **Psalm 34:7-9 NLT**

# **SERMON TAKEAWAYS**

Overcoming A Spirit Of Fear

- 1. Talk About The Lord** (Psalm 34:1-3)
- 2. Seek The Lord** (Psalm 34:4-6)
- 3. Try The Lord** (Psalm 34:7-9)

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## **DISCUSSION QUESTIONS**

- 1. Pastor Matt said that fear is a learned behavior. With that in mind, what is your greatest fear and where do you believe that comes from?*
- 2. Why do you believe fear is so powerful? Has there ever been a time where you allowed your fear of something to hold you back?*
- 3. If the pathway to your greatest potential is through your greatest fears then what practical steps can you take to do what you fear the most?*
- 4. Out of the 3 things you can do to overcome a spirit of fear which one do you need to implement into your life the most?*

## **PRAYER FOCUS**

*This week, let praise continually be on your lips. Thank God for the things He has done. As you are praying, tell your Father what you are afraid of and allow Him to rescue you.*

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## **ANNOUNCEMENTS**

### **THE WEEKENDER! - October 30-31**

*Why am I here? What is my purpose? If you have ever asked yourself questions like this, then the Weekender is for you. At The Weekender, we will share with you all our church has to offer to help you know God, find freedom, and embrace your purpose. You will understand your calling and identify your spiritual gifts so that you can make a difference. The world needs you to be who God made you to be! Sign up on app or at <https://www.rescuehousechurch.org/the-weekender/>*