

# EPHESIANS

+ GOD'S BLUEPRINTS FOR HIS CHURCH +

## Discussion Guide — Ephesians 4:17-32 - A New Set of Clothes

### Main Idea

This week, Pastor Matt taught us from the second half of Ephesians, all about the new identity we gain in Christ. We are told to take off our old self, and put on the new clothes that come with our salvation. We no longer have to wear those “old clothes”, we can get rid of them altogether. And we given brand new garments, that bring praise and honor to Christ.

### Make It Practical

- Replace lying with truth-telling
- Replace unrighteous anger with righteous anger
- Replace stealing with working and giving
- Replace corrupt talk with edifying talk
- Replace bitterness and rage with kindness and forgiveness

**“and to put on the new self, created to be like God in true righteousness and holiness.”**

**Ephesians 4:24**

### Talk About It

1. Why is it so hard for a believer to move past their past and walk the line of their new identity?
2. What are some practical ways you can put off your old self and put on your new self?
3. Give an example of a piece of “Spiritual Clothing” you need to put on each morning.
4. Is there anything about you that you know needs to be “Put Away”? For example; lying, anger, lust, filthy talk, bitterness, greed, laziness, unforgiveness etc....
5. Distinguish between righteous anger and unrighteous anger.
6. How does one grieve the Holy Spirit?
7. What does Ephesians 4:32 say about forgiveness? Do you need to forgive anyone?

**“forgiving each other, just as in Christ God forgave you”**  
**Ephesians 4:32**

## Prayer

Jesus, would you teach us how to take off our old way of life, putting those clothes to rest. Show us the new clothes that have for us and how we can wear these garments instead. Where there is bitterness, lying, or deceit, would you help us to replace all of that, with truth, forgiveness and grace. In Your name, Amen.

## Leader Tips

Share some ways that you have personally put on the “new clothes” of Chris. In what ways has this changed your daily life? Sharing your own experience will allow others to open up.

## Scriptures Used

## Ephesians 4:17-32

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