



## Discussion Guide — Making Wise Decisions

### Main Idea

For Week Two of My Next Trip Around the Sun, Pastor Matt showed us the importance of developing healthy habits to ensure this year is our best year yet! Making wise decisions, based on God's Word, is essential for sustaining spiritual success in the Kingdom of God. When we know and believe scripture while submitting to God, we'll gain the confidence and courage to make wise decisions to align with God's will.

### Make It Practical

#### 4 Principles to Implement When Facing a Decision:

- Ask for God's Wisdom
- Trust What Scripture Says
- Trust What My Spiritual Community Says
- Submit to God

**“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and he will make your paths straight.”**

Proverbs 3:5-6

### Talk About It

1. Discuss your typical decision making process. What factors do you commonly consider when making a decision? What counsel do you seek when faced with a difficult decision?
2. Which of the 4 principles to implement when facing a decision (Make It Practical) do you find most difficult to apply in your life? Why?
3. How many of your closest friends are also followers of Christ? Do you feel your closest friends are a positive or negative influence on you?
4. Is fully submitting to God difficult for you? What areas of your life do you still need to surrender to God?

