

Choose Joy

Discussion Guide — Meant to Be Content

Main Idea

This week, Pastor Matt continued in our “Choose Joy” series with this message on contentment. He shows us the the secret of contentment in the words that Paul wrote to the church in Philippi. Life is not all about just getting more, but becoming content with what God has placed in our lives. When we discover contentment, whatever situation we find ourselves in, we can have joy, knowing that Jesus is enough.

Make It Practical

- Value people more than possessions
- Understand possessions are not the key to happiness
- Remember your relationship with Jesus Christ
- Be more concerned with the needs of others than your own
- Rest confidently in God’s provision

“I can do all this through him who gives me strength.”

Philippians 4:13

Talk About It

1. What does contentment look like in your life? Do you feel content or the the pull to have more?
2. What were you taught about money while growing up? In what ways has that changed as you have gotten older?
3. Who around you feeds your spirit? Who are the people in your life that you have given permission to speak into your life?
4. Why is hard to fully embrace that “Christ is enough”?
5. How does generosity change your view on wanting

