

Message Title: Forgiveness Date: September 29, 2025

#### **Icebreaker**

- Share about a time when someone forgave you for something you didn't deserve. How did it make you feel?
- When you hear the word *forgiveness*, what comes to mind first—peace, difficulty, freedom, or something else?

### **Scripture Focus**

- Luke 23:34
- John 8:3–11
- Ephesians 2:1-5
- 1 John 1:7
- Ephesians 4:31–32
- Colossians 3:12–13
- Philippians 4:13

### Discussion Part 1: What Forgiveness Is Not

- 1. Not Minimizing Why do you think some people feel like forgiving means saying "it's no big deal"?
- 2. Not Reconciliation How does knowing forgiveness is a "one-player game" change the way you think about it?



- 3. Not About Fairness In what ways has God given you what you *needed* instead of what you *deserved*?
- 4. Not Impossible How does Philippians 4:13 challenge the lie that forgiveness is beyond your ability?

### **Discussion Part 2: Looking at Jesus' Example**

Jesus' "worst day" included betrayal, false accusation, rejection, abuse, and humiliation.

- Which of these do you relate to most?
- What does it say about Jesus' heart that His first words on the cross were: "Father, forgive them..."?
- How does Jesus' example shape how you approach those who wrong you?

#### **Discussion Part 3: Living Out Forgiveness**

- 1. Receive Forgiveness Personally
  - Why do we sometimes struggle to believe God has truly forgiven us?
  - How does remembering God's forgiveness daily change the way we live?
- 2. Release Forgiveness to Others
  - What does it mean that "The forgiven forgive"?
  - How does remembering God has forgiven us more than we'll ever have to forgive others help us let go?
- 3. Represent Forgiveness Publicly
  - o In what ways can forgiveness be a witness to others about the gospel?
  - How could your group represent forgiveness in your community?



## **Reflection & Application**

- Who do you need to forgive that you've been holding back from?
- Is there an "apology you never got" that you need to let go of?
- This week: Pray daily, "Lord, help me forgive as You have forgiven me."

# **Closing Prayer**

Ask God for strength to:

- Receive His forgiveness fully
- Release forgiveness freely
- Represent forgiveness boldly