



The Beatitudes

Discussion Guide – Blessed are The Pure in Heart

Main Idea

This week, Pastor Chris taught on the sixth of the eight Beatitudes: “Blessed are the pure in heart, for they will see God” (Matthew 5:8 NIV). The world has taught us to “follow our hearts.” But the Bible makes it clear that our hearts lead us down wrong paths. Instead of following our hearts, we must instead surrender our hearts to Jesus. When we surrender our hearts, Jesus gives us a new heart, as well as the Holy Spirit to guide us on the path we should go. Then with a pure heart, we can finally see God at work.

Make It Practical

- Keeping our hearts healthy involves eating healthy, godly things
- Exercising our “hearts” through our thoughts keeps us strong
- Finding rhythms of rest will allow our hearts to reenergize

“And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh.”

Ezekiel 36:26

Talk About It

1. Have you ever “followed your heart” into something that didn’t end well? What was that experience like?
2. What are some things that have damaged your heart?
3. What do you need to do to keep your heart pure? What steps are you going to make to do those things?

“Pursuit of righteousness leads to purity of heart.”

Prayer

Jesus, we repent from following our own hearts, and follow You. We want to surrender our hearts to you, and for you to cleanse us. Please teach us how to keep our hearts pure. We want to purify our hearts for You. In Your name, Amen.

Leader Tips

Share a moment when you personally followed your heart into a bad direction. Sharing your vulnerability will help others open their eyes to mistakes they have made in their past too.

Scriptures Used

Matthew 5:8, Jeremiah 17:9, Matthew 23:27, Matthew 15:18-19, Galatians 5:22-23, 1 John 3:2, Ezekiel 36:25-27, Psalm 119:9, Philippians 4:8, Mark 6: 30-32, Revelation 22:4