

# SEVEN

THE 7 STATEMENTS OF JESUS FROM THE CROSS

## **INTO THE BIBLE**

*“Keep your eyes on Jesus, who both began and finished this race we’re in. Study how he did it. Because he never lost sight of where he was headed—that exhilarating finish in and with God—he could put up with anything along the way: Cross, shame, whatever. And now he’s there, in the place of honor, right alongside God.”*

### **Hebrews 12:2 MSG**

*“Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, ‘I am thirsty.’”*

### **John 19:28 NIV**

*“When I kept it all inside, my bones turned to powder my words became daylong groans. The pressure never let up; all the juices of my life dried up. Then I let it all out; I said, ‘I’ll make a clean breast of my failures to God.’ Suddenly the pressure was gone...”*

### **Psalms 32:3-5 MSG**

*“Yet at the same time many even among the leaders believed in him. But because of the Pharisees they would not openly acknowledge their faith for fear they would be put out of the synagogue; for they loved human praise more than praise from God.”*

### **John 12:42-43 NIV**

*“Together, we are his house, built on the foundation of the apostles and the prophets. And the cornerstone is Christ Jesus himself. We are carefully joined together in him, becoming a holy temple for the Lord.”*

### **Ephesians 2:20-21 NLT**

*“...you are members of God’s very own family, citizens of God’s country, and you belong in God’s household with every other Christian.”*

### **Ephesians 2:19 TLB**



# **SERMON TAKEAWAYS**

I Am Thirsty

## 3 FEARS OF BEING TRANSPARENT

1. **Fear Of Being Hurt** (Psalm 32:3-5)
2. **Fear Of Being Rejected** (John 12:34)
3. **Fear Of Being Exposed** (2 Corinthians 4:2)

## HOW TO LIVE A TRANSPARENT LIFE

1. **Establish A Crew** (Ephesians 2:20-21)
2. **Enact A Growth Plan** (Ephesians 4:16)
3. **Enlist An Army** (Luke 12:32)
4. **Embrace Being Loved** (Ephesians 2:19)

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# **DISCUSSION QUESTIONS**

1. *Is it difficult for you to admit when something in your life is not going well?*
2. *Discuss reasons why we may put on the masks and refrain from asking for help when we need it?*
3. *What role does fear play in keeping you from being real and transparent with others?*
4. *Discuss the importance of being connected in a church family? What is the value of having a group of friends to help you make it through difficult situations?*
5. *Share an experience you've had where you opened up with a friend about a difficult situation. How did being transparent help you overcome the challenge you faced? How does this experience motivate you to offer support to someone else?*

## **PRAYER FOCUS**

*Thank God for helping you realize that you can't do things on your own and for carrying your burdens. Ask Him to help you overcome your fears and admit that you have needs. Go to God with your major problems and daily challenges. Pray for authentic friendships. Thank God for placing supportive people in your life.*

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## **ANNOUNCEMENTS**

**COVID-19** // *During this time of social distancing make sure to stay connected to the church! Remember, we are better together!*

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