

# EPHESIANS

+ GOD'S BLUEPRINTS FOR HIS CHURCH +

## Discussion Guide — Ephesians 4:1-16 - 3 Marks of a Healthy Church

### Main Idea

This week, Pastor Matt taught us from the first half of Ephesians 4 on the health of the Body of Christ. Just as concerned as we are about our physical bodies, we should be concerned with the health of our church body. The keys are to maintain spiritual unity, use the diverse gifting from God, and to grow in spiritual maturity. When we do this, we will see health in our church. It's up to each one of us to unite, mature, and use our spiritual gifting to build up the local church.

### Make It Practical

- Make every effort to maintain unity
- Exercise your spiritual gifting for the good of others
- Serve in order to build up the body to maturity in Christ

**“From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.”**

**Ephesians 4:16**

### Talk About It

1. Why is unity important in the church? Describe a typical church that models unity and one that demonstrates division.
2. Out of the 3 marks of a healthy church which one impacted you the most? Why?
3. What responsibilities do you have as a supporting ligament in God's house?
4. Pastor Matt said, "Availability is greater than ability". What does your availability look like in this season to serve in God's house? Is there anything that needs to change?
5. How would you describe the health of Rescue House? Take a minute and pray for our house.

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