



The Beatitudes

Discussion Guide – Blessed are the Meek

Main Idea

This week, Pastor Chris taught on the third of the eight Beatitudes: “Blessed are the meek, for they will inherit the earth” (Matthew 5:5 NIV). The way of the world is the way of power and might. The world has seen meekness as a weakness, but Jesus doesn’t say, Blessed are the weak. Meekness ain’t weakness. Meekness is actually restrained strength. When we choose meekness, we don’t find ourselves trying to win trivial trophies in our day to day lives. Instead, Jesus promises us the best trophy, inheriting the world.

Make It Practical

- Count others as more significant than yourselves, placing yourself second.
- Look to the interests of others, and the things they are dealing with and excited about.
- Serve others; you are never more like Jesus than when you are serving someone.

“But when you are invited, go and sit in the lowest place, so that when your host comes he may say to you, ‘Friend, move up higher.’ Then you will be honored in the presence of all who sit at table with you.”

Luke 14:10 ESV

Talk About It

1. What do you first think about when you hear the word “meek”? How did this message challenge your understanding of meekness?
2. What would your life look like if you grew in meekness? Who and what would be impacted?
3. What does it look like to walk in meekness daily? What can you do this week to foster a meek spirit?

“...But among you it will be different...” Matt. 20:26 (NLT)

Prayer

Jesus, we want to have the same mindset of humility as you. Help us to see others in our lives as you see them. Let us count them as more significant, look to their interests and serve them, as you first served us. In Jesus' Name, Amen.

Leader Tips

Share your own reflections from this message with your group. What challenged you? How do you personally want to grow in meekness? Your vulnerability will encourage your group members to open up as well.

Scriptures Used

Matthew 5:5, Matthew 20:16,25-28, Luke 14:7-11, Philippians 2:1-11, Matthew 25:31