

STRESSED OUT

INTO THE BIBLE

Be careful, or your hearts will be weighed down with carousing, drunkenness and the anxieties of life, and that day will close on you suddenly like a trap.

Luke 21:34 NIV

And we also thank God continually because, when you received the word of God, which you heard from us, you accepted it not as a human word, but as it actually is, the word of God, which is indeed at work in you who believe.

1 Thessalonians 2:13 NIV

There is a way that appears to be right, but in the end it leads to death.

Proverbs 14:12 NIV

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.

1 Corinthians 6:19-20 NIV

So now there is no condemnation for those who belong to Christ Jesus. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death.

Romans 8:1-2 NLT

Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble.

Ecclesiastes 4:9-10 NLT

SERMON TAKEAWAYS

THE CYCLE OF DECEPTION

1. **Question God's Word** (Psalm 16:11)
2. **Downplay The Consequences** (Proverbs 14:12)
3. **Attack God's Intentions** (Psalm 16:11)
4. **Exalts Self** (1 Corinthians 6:19-20)
5. **Uses Shame To Trap You** (Romans 8:1-2)

DISCUSSION QUESTIONS

1. *What was your greatest takeaway from the message?*

2. *How does knowing the Devil's strategy help you in combating his ways? What disciplines can you implement practically in your life to protect you from entering into the cycle of deception?*

3. *Have you ever found yourself in the cycle of deception? Give an example. What was it like? How did you get out of it?*

4. *Read Ecclesiastes 4:9-12. Discuss this scripture. How have you seen this truth play out in your life? Why do you think so many people in our society choose isolation over community?*

PRAYER FOCUS

James 1:5 says that if we lack wisdom we can ask God to give it to us. Pray for wisdom this week so that you can be aware of the enemy's attacks against you. Ask God to give you friends that encourage your walk with Jesus.

ANNOUNCEMENTS

SMALL GROUPS - September 13, 2020

Our Fall Small Groups launch on Sunday, September 13th. We believe God created us to live in relationship with other people. Sharing life through community is part of our design and you are invited to find your people to help you discover who God has made you to be! Sign up on the app or online today!