

STRESSED OUT

INTO THE BIBLE

Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. Write them on the doorframes of your houses and on your gates, so that your days and the days of your children may be many in the land the Lord swore to give your ancestors, as many as the days that the heavens are above the earth.

Deuteronomy 11:18-21 NIV

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires.

James 1:19-20 NLT

Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

Ephesians 6:4 ESV

When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways.

1 Corinthians 13:11 ESV

Whoever spares the rod hates their children, but the one who loves their children is careful to discipline them.

Proverbs 13:24 NIV

SERMON TAKEAWAYS

PARENTING THROUGH A PANDEMIC

Give yourself grace, no one knew how to do this. - Beverly Niehls

Show them how to apologize. Show them how to live imperfect lives. - Lauren Hudson

Listen to your children and find out who they are. - Bridget Hudson

When you spank out of anger, you teach your children to hit when angry. - Mark Niehls

DISCUSSION QUESTIONS

1. What is the greatest lesson your parents or guardian taught you growing up?

2. When is the last time you extended grace to yourself during this season? What is the importance of doing so?

3. What do you wish your parents would have done differently with you growing up? How can you implement this with your children?

4. Read Deuteronomy 11:18-21 again. How often are you and your family reading the Bible and talking about God? What areas can you improve in?

5. When was the last time you apologized to your children? What happens when we show our children that we (as parents) are not perfect people?

PRAYER FOCUS

This week, ask God to give you wisdom as you lead your family and parent your children. Seek to honor God in everything you do, including how you parent your children.

ANNOUNCEMENTS

RISE UP IS BACK ON SUNDAY, OCTOBER 4th!!!

Rise Up Youth Ministry is back on October 4th! We have an incredible night planned for our students so make sure you get yours there!

WINSTON-SALEM WORSHIP NIGHT - September 29th @ 7pm

If you call Winston-Salem home, we would love to see you on September 29th at Parkland High School. Make plans to join us for a night of worship, teaching and information.