

# MY Verse

## Discussion Guide — Press On

### Main Idea

In this second installment of “My Verse”, Pastor Chris shared his verse of Scripture from Philippians 3. There are times in our walk with Jesus where we might feel discouraged from finishing the race that is marked out for us. In these moments, God encourages us to press on to finish the race. There are many things that try to distract us from our race, or take us off course, but we should instead focus on Jesus. When we fix our eyes on Him, we can run with perseverance and finish strong.

### Make It Practical

- Watch out for dogs
- Jesus is the goal
- Press on with purpose
- Throw off weight
- Forget the past

**“Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me”**

**Philippians 3:12**

### Talk About It

1. What are some things that distract you from running your race for Jesus?
2. Is there any “weight” that you need to get rid of, so that you can know Jesus better?
3. What has been the focus of your life up until this point? What can you change to make Jesus the goal?
4. What is one step that you need to take forward in your walk with Christ?





## “Just take one-step forward”

## Prayer

Jesus, thank You that You first took hold of us. That You gave Your life up for us. Help us to run this race of life with endurance and focused on the right things. Help to put one foot in front of the other, until we finish strong. In Your name, Amen.

## Scriptures Used

Philippians 3:1-14, Hebrews 12:1-2

