

# Sermon

## ON THE MOUNT

### Discussion Guide — Yes & No

#### Main Idea

Pastor Matt, this week, taught us in the Sermon on the Mount, where Jesus speaks to oaths. When we speak, our yes should simply be yes, and our no should be no. Anything that we feel we must swear above that, shows the truth of our heart. Growing up, we would cross our fingers, knowing what we said was not truthful. But as Christians, we should always tell the truth and speak goodness into our world. We have to remember how much weight our words carry.

#### Make It Practical

- Everything You Say Is Witnessed by God
- Everything You Say Is a Reflection of Your Heart
- Everything You Say Should Be True and Good

**“But I tell you, do not swear an oath at all: either by heaven,  
for it is God’s throne;”**

**Matthew 5:34**

#### Talk About It

1. Why does lying in certain situations seem so tempting? What are the short-term effects, and the long-term effects?
2. Have you ever been caught in a lie? What happened? Were you able to reconcile the trust that was broken?
3. What does it mean that everything you say is a reflection of your heart? Can you think of any examples of people you know that speak what is from their heart (good or bad)?
4. What are the differences between telling lies, and simply not abusing people with the truth?
5. What ways do have you been convicted of telling white lies or bending the truth?



**“All you need to say is simply ‘Yes’ or ‘No’; anything beyond this comes from the evil one”**

## -Jesus

## Prayer

Jesus, let our yes be yes, and our no be no. Teach us to speak truth and goodness out of our mouths, and shut down any lies or deceit that may enter our hearts. Help us to be people of our word, so that we may be trusted when we speak. In Your name, Amen.

## Scriptures Used

Matthew 5:33-37, John 8:44, Leviticus 19:12, Zechariah 8:16-17, Matthew 12:34, Proverbs 27:6

