



## Discussion Guide — How to Pray With Power

### Main Idea

Pastor Matt taught us in this week of “Let Us Pray,” a great model of prayer that Jesus gave to His disciples. Ever wondered how to pray effectively? You are in great company, so did Jesus’ disciples. “The secret of prayer is prayer in secret.” When we learn how to pray effectively through this model, we will begin to see God moving in our prayer lives. But it takes us first realizing this isn’t a time where we get God on our page, but instead, we get on His page!

### Make It Practical

- Begin your prayers with God’s praise
- Wanting God’s purpose in this world
- Asking for God’s provision for the day for ourselves and others
- Receiving God’s pardon, as we are pardoning others
- Seeking God’s protection from the enemy’s tactics
- And finishing our prayers with God’s praise for what He will do

**“This, then, is how you should pray: ‘Our Father in heaven,  
hallowed be your name...’”**

**Matthew 6:9**

### Talk About It

1. Why do you think that praying is so difficult at first? Have you ever struggled in your prayer life?
2. Who is someone that you admire in their prayer life? What steps do you need to take forward to gain a greater prayer life?
3. Why is it important to begin and end your prayers with praise? What does this change?
4. How does prayer help us to embrace God’s will, instead of imposing our own will?
5. Out of the 6 practical parts of this prayer model, which comes easiest to you? Which is hardest? Why?

## “How you pray in private determines your power in public”

## Prayer

Jesus, we look to You as the King of the Universe. We humble ourselves and ask for You to teach us to pray. Show us the power that comes from praying like You. In Your name, Amen.

## Scriptures Used

Matthew 6:5-13

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