



## LOUD

**Date:** June 28, 2026

**Scripture:** Mark 14:32-42

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### Icebreaker

1. What is one thing that has felt particularly "loud" in your life recently?
  2. When you feel overwhelmed, what is your natural tendency: react quickly, withdraw, seek advice, pray, distract yourself, or something else?
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### Discussion Questions

#### 1. Emotional Reactions vs. Spiritual Dependence

Read Mark 14:27-31.

Peter confidently declared that he would never abandon Jesus, yet later denied Him.

#### Discuss:

- Why do you think Peter was so confident in his own strength?
- Have you ever made promises or commitments with good intentions but discovered your heart wasn't prepared to follow through?
- Why can quick and loud responses sometimes reveal pride rather than spiritual maturity?



## 2. The Posture of Jesus

Read Mark 14:33-35 and Matthew 5:3.

Jesus openly expressed His grief, invited trusted friends into His struggle, and fell before the Father in prayer.

### Discuss:

- What stands out to you about Jesus' honesty and vulnerability?
- Why is humility often difficult when we are hurting?
- How does acknowledging our weakness actually position us to receive God's strength?

## 3. Staying Near God vs. Listening to God

Read Mark 14:37-38.

The disciples stayed physically near Jesus but failed to keep watch and pray.

### Discuss:

- How can someone be around spiritual things without truly paying attention to God?
- What distractions most often keep you from hearing God's voice?
- What does "keeping watch" look like practically in today's culture?



#### **4. Praying Until Strength Comes**

Read Luke 22:41-45.

Jesus remained in prayer until He was strengthened.

##### **Discuss:**

- What differences do you see between the disciples' response and Jesus' response?
  - Why do we often seek relief faster than we seek God?
  - What would it look like to "stay" in prayer instead of rushing away from it?
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#### **5. Awake or Asleep?**

Read Mark 14:38.

Jesus warned that "the spirit is willing, but the body is weak."

##### **Discuss:**

- What are some ways Christians can become spiritually sleepy today?
  - How can social media, news consumption, or constant distraction impact our spiritual awareness?
  - What warning signs indicate that we may be drifting spiritually?
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#### **6. Submission and Trust**

Read Mark 14:36.



Jesus prayed, "Not my will, but yours."

### **Discuss:**

- Why is surrender often harder than obedience?
  - What area of your life currently requires greater trust in God's will?
  - How does Jesus model both honesty and surrender at the same time?
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### **Application Challenge**

This week practice the sermon's two commands:

#### **STAY HERE**

Choose one daily time (10-15 minutes) to:

- Sit quietly with God.
- Read Scripture.
- Bring your fears, frustrations, opinions, and burdens before Him.
- Listen before speaking.

#### **KEEP WATCH**

Choose one area where you need greater spiritual attentiveness:

- Limiting social media
- Reducing news consumption
- Increasing Bible reading
- Practicing prayer