



**Theme: Mary & Martha**

## **Read the Passage Together**

***Luke 10:38–42***

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### **Icebreaker**

- **If someone really important (like a celebrity or leader) was coming to your home, what's the first thing you'd want to do to prepare?**
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### **1. Different Personalities, Same Love**

- **Martha opened her home and took on the role of a host. Mary sat at Jesus' feet and listened.**

**Question:**

***What stands out to you about how each woman responded to Jesus' visit?***

- **Go through Martha's List: Responsible, Hospitable, Resourceful, Respectful**

**Question:**

***How do you relate to Martha's strengths? How might they become distractions sometimes?***

- **Reflect on Mary's List: Present**

**Question:**

***What does it mean to be "present" with Jesus in your daily life? What gets in the way of that for you?***

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## **Key Takeaways from the Sermon**

### **1. Welcome Jesus Into Your Daily Life Builds**



**Question:**

***What does it look like for you to welcome Jesus into your normal, everyday routines—not just the “spiritual” moments?***

## **2. Don't Let Distraction Steal Your Devotion**

**Question:**

***What kinds of things distract you from simply being with Jesus? How can you gently refocus on what matters most?***

## **3. Bring Your Honest Emotions to Jesus**

- **Martha was honest—even frustrated—and Jesus responded with love and correction.**

**Question:**

***Are you comfortable bringing your full emotions (even disappointment or frustration) to Jesus? Why or why not?***

## **4. Don't Value Performance Over Presence**

**Question:**

***Have you ever found yourself “doing” things for God rather than “being” with Him? What helps you return to a place of presence?***

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## **Personal Reflection**

**Ask Each Person to Consider:**

- **Which woman do I relate to more in this season—Mary or Martha?**
- **What is Jesus inviting me to today: action or stillness? Doing or being?**

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## **Prayer Time**

- **Invite people to share prayer requests (especially areas where they feel distracted, overwhelmed, or distant from Jesus)**
- **Close in prayer, asking for the grace to choose “what is better” and be present with Jesus like Mary**