

JULY 31



JOSHUA TREE NATIONAL PARK (CALIFORNIA)

It's a miracle that anything can grow in Joshua Tree National Park. Encompassing two different deserts, with barely any water at all, this national park, at first glance, seems like one of the most barren places imaginable. But when you look closely, you see plants and animals that have grown and adapted to the climate in ways that bring life and thriving to this place. In our lives, we go through barren, wilderness moments. And yet, part of the work of faith is learning to adapt to new circumstances and discover the ways God equips us to grow and thrive.

**I
VISITED!**

NOTES, REFLECTIONS, PRAYERS

READ

Isaiah 43:16-19
Philippians 4:8-13

REFLECT

What challenges have forced you to adapt to new circumstances?

What has helped you adapt when you knew that change wouldn't be easy?

What talents do you have to help others adapt to unexpected change?

PRAY

God of the Wilderness,
help me to find you even in the barren places. Help me to trust you even in the fearful, anxious places. Bring me new life even here. Help me be still and know you are here. Amen.