

JULY 24



GLACIER BAY NATIONAL PARK (ALASKA)

Most of our national parks are places where change happens very slowly. Not so with Alaska's Glacier Bay. Here, change is the main attraction, and it happens quickly. Less than 250 years ago, the entire park was covered in ice hundreds of feet thick. As glaciers advanced, they cut deep channels in rock and dragged stones with them. Now as they recede, they melt into the ocean and leave a barren moonscape littered with stony debris. Equally amazing is how swiftly life comes to the ground exposed by the shrinking glacier. Within a year, moss and lichens grab hold of the rocks and within decades, grasses and wildflowers appear. Change is a constant in life - sometimes for the better and sometimes not. Our faith calls us to trust in the face of change and to be agents of change for the common good.

**I
VISITED!**

NOTES, REFLECTIONS, PRAYERS

READ

Psalm 96:11-13
First Corinthians 15:50-53

REFLECT

How does your faith help you manage the impact of change?

How are you an agent of change?

How might you make changes in your life to preserve places like Glacier Bay and its inhabitants which are feeling the effects of climate change?

PRAY

Eternal God, you call your people to embrace life in all its fullness, which includes the ways our lives change. Help me remember that through all the changes and phases of life, your love remains constant. Help me to be a person of faith and people of action, working to preserve the life of all your creation, even when it means change. Help me to know that through it all, you are with me. Amen.