

AUGUST 7



ROCKY MOUNTAIN NATIONAL PARK (COLORADO)

High atop a mountain, you find perspective that reorients life and encourages and enlivens us. Mystics refer to these moments and places as the thin places where we can draw closer to that which is greater than ourselves. And as sacred as our mountaintop experiences are, we don't stay there forever. When we come "down the mountain" into daily life, we carry that perspective and encouragement with us. As we consider the end of our "summer road trip" what lessons, experiences, moments will you take with you?

**I
VISITED!**

NOTES, REFLECTIONS, PRAYERS

READ

Psalms 121:1-2

Mark 9:2-9

REFLECT

What has been a recent "mountaintop" experience in your life?

How have you taken that experience "down the mountain" and applied it to your daily living?

What in your life could benefit from a change in perspective?

PRAY

Lead me Lord, to the top of the mountain, to be dazzled by your light, lifted by your grace, filled by the sheer delight of your creation. Give me the gift of a changed perspective, the gift of repentance and return to you. May my time in your presence change me, inspire me, equip me for life as one who brings your light into the world. Amen.