When Jesus Speaks to You Luke 10:38-42 When You Are Too Busy to Hear

- To hear from Jesus, we must invite Him in and position ourselves to hear from him.
- Martha welcomed Jesus in, but Mary positioned herself to hear.
 - Too often, we welcome Jesus into our lives, but we fail to make space and time to hear from Him.
 - How do we position ourselves to hear from Jesus?
- To hear from Jesus, we must be willing to set aside distractions.
- We live in a culture that is addicted to distraction.
 - Sometimes, the distractions that are the most attractive are related to things that are good in and of themselves.
 - These sorts of distractions are the most dangerous and have the most potential to be destructive.
- To hear from Jesus, we must deal with our anxious and worried hearts and minds.
- Often, we pursue distraction because deep down we are worried or afraid.
 - That worry and fear is ultimately rooted in our desire to be seen and recognized as significant and valuable, as worthy of attention.
- To hear from Jesus, we must choose the good portion.
- Hearing from Jesus, being in His presence, is like taking a deep breath.
 - Just as deep breathing settles the brain and body, deeply being in the presence of Jesus settles the soul.