

**The Joy of Living  
Philippians 4:4-9  
Joy and Peace**

- **Finding joy in the Lord provides a foundation for living with those around us. (v. 4-5a)**
- **Practicing the presence of the Lord and praying provides us with a pathway to deep and abiding peace. (v. 5b-7)**
- **Meditating on the eternal realities of the Lord leads us to a life of living with the God of peace. (v. 8-9)**