

1. God doesn't want us to be afraid despite our _____.

2. Living under constant fear is not only painful, it's _____.

FROM THE BIBLE: Proverbs 3:24-26

FROM THE BIBLE: 1 Samuel 17:3-50

3. Fear seeks to snatch away our ability to _____
and _____ all that God has promised us in His word.

FROM THE BIBLE: Psalm 56:3 and Psalm 118:6

4. Sit with the Lord _____ enough and _____ enough that He calms your fears.

FROM THE BIBLE: John 14:27 and Isaiah 26:3

5. If you could _____ the love God has for you,
it would give you a _____ like no other when fear attacks.

FROM THE BIBLE: Romans 8:38-39 and 1 John 4:18

6. Fearing _____ releases the _____ that fear has on you.

FROM THE BIBLE: Hebrews 12:28 and Psalm 25:14

7. _____ specifically and directly about all of your fears.

FROM THE BIBLE: Hebrews 5:7