



GOD IS MOVING

Prepare Your Heart

Text: Mark 4:1–20

Big Idea: We can't make God move, but we can prepare our hearts to join Him when He does.

WARM UP

Warm-Up Question: What's something new you're hoping for, or praying for, in 2026?

VIEW MESSAGE

[Watch the Message from this Week](#)

VIDEO NOTES



www.thebridge.me



[/thebridge.me](http://thebridge.me)



info@thebridge.me

READ ALOUD

Have someone read Mark 4:3–9, then Mark 4:13–20.

DISCUSS

1. The Same Seed, Different Results

Read Mark 4:14–15.

Jesus says the seed is *the Word of God* and the soils represent different hearts.

- Why do you think Jesus emphasizes the *soil* rather than the skill of the farmer or the quality of the seed?
- What does that tell us about our role in spiritual growth?

2. The Hard Path – A Resistant Heart

Read Mark 4:15

- What are some ways a heart can slowly become “hard” toward God or His Word?
- What might it look like today for truth to be “taken away” before it ever sinks in?



www.thebridge.me



[/thebridge.me](http://thebridge.me)



info@thebridge.me

3. The Rocky Soil – A Shallow Faith

Read Mark 4:16–17

- Jesus says this person receives the word with *joy* – yet it doesn't last. Why do you think enthusiasm alone isn't enough for lasting faith?
- What helps faith grow deeper roots over time?

4. The Thorny Soil – A Divided Heart

Read Mark 4:18–19

- Jesus names worries, wealth, and desires as things that choke out God's Word. Which of these feels most relevant in your season of life right now?
- How can good things subtly crowd out the *best* thing?

5. The Good Soil – A Prepared Heart

Read Mark 4:20

- What stands out to you about how Jesus describes good soil? (hears, accepts, produces)
- What practices or rhythms have helped your heart stay open and receptive to God?

6. Preparing the Field

Read Genesis 26:12

Isaac experienced a hundredfold harvest *because the Lord blessed him* – but he also planted and prepared the field.



www.thebridge.me



[/thebridge.me](http://thebridge.me)



info@thebridge.me

- The message talked about removing rocks and burning thorns. What “rocks” or “thorns” might God be inviting you to address right now?
- What is one intentional step you could take this week to prepare your heart?

APPLY IT

Personal Reflection: Which soil best describes the current condition of your heart—and why?

LOOKING AHEAD

As a church family, we believe God is moving—and we want to be ready. Let's commit this year to **keep coming to Jesus**, asking questions, seeking understanding, and preparing our hearts for the work He wants to do in and through us.



www.thebridge.me



[/thebridge.me](http://thebridge.me)



info@thebridge.me