



# 3 Beliefs for a Better Year

## Week 2: Jesus Paid My Debt!

### Big Idea

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Because Jesus paid my debt, I don't have to live in shame, striving, or insecurity—I am forgiven, free, and I belong to Him.

### WARM UP

Warm-Up Question: What's something you paid off (or saved up for) that felt so good when it was finally taken care of?

### VIEW MESSAGE

[Watch the Message from this Week](#)

### VIDEO NOTES

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## READ ALOUD

Have someone read 1 Peter 1:18–19 and Ephesians 1:7–8 aloud.

## DISCUSS

### 1. Redemption

The message defined **redeemed** as: “set free by paying full price.”

**Read 1 Peter 1:18–19 again.**

- What stands out to you about what it cost to redeem us?
- Why does it matter that our redemption wasn’t purchased with something temporary (like money), but with something eternal (Jesus’ blood)?

### 2. Jesus Paid My Debt → I Am Forgiven

**Read Colossians 1:13–14**

- These verses says we’re not just forgiven - we’re rescued. What do the verses say Jesus rescues us from and into?
- What’s the difference between hoping God forgives you and believing your forgiveness is settled?



### 3. Lavish Grace, Not Barely Enough Grace

**Read Ephesians 1:7–8 again**

- What does the phrase “the riches of God’s grace” communicate about the way God forgives?
- Why do you think so many Christians still live like grace is scarce or easily taken away?

### 4. Jesus Paid My Debt → I Am Free

**Read Hebrews 9:15**

- What kinds of spiritual “bondage” do people still live in even after they’ve been forgiven? (Shame, fear, addiction, approval, control, etc.)
- Where do you most need Jesus’ freedom right now—not just forgiveness?

### 5. Freedom From Religion & Striving

The message emphasized that Jesus also frees us from the belief: “I have to do good for God to love me.”

**Read Galatians 3:11–13 (NLT)**

- What are some modern versions of “trying to earn” God’s love?
- How do you know when obedience has turned into striving?

### 6. Jesus Paid My Debt → I Belong to Him

Read Titus 2:14



Read Galatians 4:4–5

- How does redemption change not just our “record,” but our **relationship** with God?
- What would it look like this week to live like you truly belong to Jesus—secure, chosen, and wanted?

## APPLY IT

Move from reflection to action.

Personal Reflection: Which part of this statement do you need most right now?

**Jesus paid my debt—so I am forgiven, I am free, and I belong to Him.**

### **This Week’s Step:**

Choose one daily phrase to pray/believe this week (even if you don’t feel it yet):

- “I am forgiven.”
- “I am free.”
- “I belong to Jesus.”



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**Group Prayer:**

Pray that your group would not just understand redemption, but **experience** it—walking in forgiveness, freedom, and belonging.

## LOOKING AHEAD

This week, we're anchoring our lives in this belief:

**Jesus paid my debt—so I am forgiven, free, and I belong to Him.**

When we truly believe that, it changes the way we see ourselves, the way we approach God, and the way we face our future—without shame, striving, or fear.

**Next week**, we'll look at our third belief and discover how it shapes the way we live day-to-day with confidence, purpose, and hope—no matter what 2026 brings.



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